

## Run with Me for the BPLC

5K sponsored by Bimbo Bakeries USA London, KY

## Saturday July 20th, 2019

Time and Place: 8am at The Corner of Broad and Maple ST in London KY

Course: North London Downtown

Registration and Entry Fee: \$20 for participants that register before or on July 5<sup>th</sup>, 2019. \$25 on the day of the race. Race day registration will begin at 7am at the start line. Cash or check will be accepted. Each participant will receive a 5K Race T-Shirt.

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place medals will be awarded for each male and female age division at the finish line.

| Age Divisions: Under 15, 15-19, 20 -29, 30-39, 40-49, 50-59, 60-69, 70+   |   |  |                                |   |
|---|---|--|--------------------------------|---|
| Name:   |   |  |                                |   |
| Address:  |   |  |                                | _ |
| Phone NO:   | Emai  | l:   |                                | _ |
| Date:   | Age:  | <b>Sex:</b> M or F                         | T Shirt Size:                  |   |
| I hereby release and discharge<br>Bakeries USA and all sponsors<br>from or growing out of my par<br>risks involved in the event and | from any claims of dam<br>rticipation in this athleti | nages, demands, a<br>ic event. I verify th | and actions whatsoever arising | 3 |
| Signature:  |   |  | Date:                          |   |

(Parent/ Guardian Signature required only if participant is under age 18)

If Preregistering make checks payable or money orders payable to: The Backpack Program of Laurel County

Mail forms to: BBU C/O Sally Adams 1331 N Main ST London KY 40744