

## **McLeod Health Pelvic Rehabilitation Therapist**

### **Taylor Sawyer, PT, DPT, CLT**

Taylor comes from McLeod Outpatient Rehabilitation in Florence, SC, where she has over 5 years experience. She has specialized training in adult pelvic rehabilitation and is a Certified Lymphedema therapist. Taylor has experience in successfully treating pelvic issues such as urinary incontinence, pelvic pain, dyspareunia, pelvic organ prolapse, constipation and fecal incontinence. Providing compassionate and effective care is her main goal.

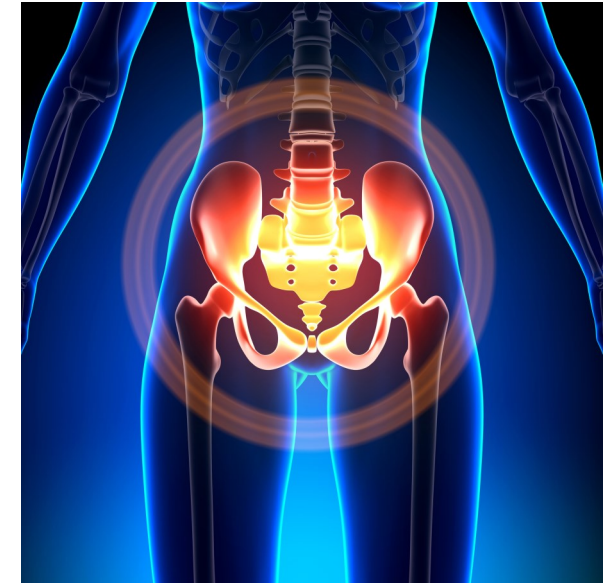


Taylor received her Doctor of Physical Therapy (DPT) degree from the Medical University of South Carolina in 2013, and obtained her Bachelor's degree in Health and Exercise Science from Furman University in 2010. When she is not at work she enjoys her time with her husband, Logan, and their two dogs, Harvey and Beaux.

### **McLeod Loris Rehabilitation**

3207 Casey Street  
Loris, SC 29569  
(843) 716-7733

## **McLeod Health Pelvic Rehabilitation**



### **McLeod Health**

The Choice for Medical Excellence

## Are you suffering from any of these symptoms?

- Urine leakage when coughing, sneezing or laughing
- Waking up frequently during the night to use the restroom
- Constipation
- Pain during intercourse or pain that prevents intercourse
- Pelvic heaviness, dullness or the sensation that something is falling out of the pelvic area
- Pain, urinary leakage or erectile dysfunction following prostate removal
- Pain or urinary leakage during or after pregnancy

## Diagnoses Treated

- Urinary incontinence
- Fecal incontinence
- Constipation
- Pelvic pain
- Low back pain
- Painful intercourse
- Vaginismus
- Pelvic organ prolapse
- Pre-natal and post-natal symptoms such as low back pain and incontinence
- Urinary incontinence and erectile dysfunction after prostatectomy

## McLeod is Here for You

The McLeod Pelvic Rehabilitation Program has been helping individuals achieve a better quality of life and improved physical function since 2014.

Pelvic issues such as urinary incontinence and sexual dysfunction may be difficult or embarrassing for some to discuss with their healthcare providers. For this reason, many people avoid seeking care for these issues.

Our goal is to provide compassionate and effective care when addressing these issues. Each patient will receive a treatment plan tailored to his or her specific needs and preferences.

Pelvic rehabilitation may include pelvic floor muscle strengthening and/or coordination training with or without biofeedback, electrical stimulation, bladder training, manual therapy, education, behavior modification and other therapeutic techniques depending on the patient's need.

## Patient Testimonials

"Before coming to McLeod Seacoast Rehabilitation, I was leaking urine several times a day for many years. At age 82, I thought I had to learn to live with it. After six weeks of therapy, my leakage has almost completely stopped. The therapists were extremely kind, gentle and helped me tremendously."

- Former Female Patient

"After my prostatectomy, I was experiencing severe urinary incontinence and erectile dysfunction. I had absolutely no control of my bladder. McLeod Seacoast Rehabilitation provided valuable information to help me through this long healing process. I was only in therapy for 2 months, but I continue to perform my exercises at home. Now a year after surgery, I only leak if I sneeze or cough hard. I am not 100% yet, but I have come a long way."

-Former Male Patient

