



Ronald McDonald
House Charities®
New York Metro

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walkoflove2023/

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**CERTIFIED
5K RUN**

**& WALK
OF LOVE**

RUN OR WALK TO SUPPORT RMHC NYM

SATURDAY, SEPTEMBER 23, 2023

**8 A.M.- 12 NOON / RONALD McDONALD HOUSE CHARITIES NEW YORK METRO
267-07 76TH AVENUE, NEW HYDE PARK, NY 11040**

JOIN THE FUN!

All proceeds will benefit the programs and services at Ronald McDonald House in New Hyde Park and the Ronald McDonald Family Rooms at Stony Brook. Post-walk family fun and entertainment will follow the Walk & 5K Run with activities including carnival games, BBQ, live DJ, face painting and more!

REGISTER NOW!

ADULTS: \$35 (\$40 at event)

STUDENTS & KIDS UNDER 12: \$15 (\$20 at event).

Includes tee shirt, refreshments, finish-line medal and post run/walk celebration!

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Use **#RMHCNYM**

FURTHER INFORMATION

Email Shauntelle Dixon at sdixon@rmhcnym.org