Brick House Race 2025 Instructions

We are glad you could join us for the 7th annual Brick House Off-Road races. Please take a minute to read through the race instructions to help ensure your race goes as smoothly as possible. These instructions mainly pertain to the Sunday races but there are notes for how the Adventure race will differ.

Location: Magnolia Hill Ranch: 18135 FM 362, Navasota, TX 77868

Parking: Look for a sign off FM 362 marking the entrance to the race. After entering the ranch, the designated parking will be to your right. If you know anyone interested in volunteering, please have them email me at benproko@hotmail.com

Race Numbers: You will receive 2 race numbers. One is for the bike (attached to the front with twist ties) and the other for the run. The run number must be attached on the front of your body. * <u>Adventure racers</u> will need the number on the entire race.

Timing Chip (Sunday races only): Timing chips will be located in or by transition. We suggest putting the chip on your left ankle to avoid the bike drivetrain.

Pre-riding (Sunday Races only):

Available noon-4 pm Saturday. Basic course marking will be present earlier with more race markings coming later in the day. Please note that there may be a few adventure race athletes racing if you are pre-riding

Packet pick-up:

You will need a picture ID (photo copy is ok) for packet pick-up.

Saturday from noon-4 pm and then on Race morning after parking. In the morning you will simply show your ID.

Transition-

- Only participating athletes/volunteers/race management allowed
- Transition closes 5 minutes before race start

Race day schedule (Adventure race will follow same schedule with 8:30 AM start)

- 7:00 a.m.- Parking begins
- 7:10-8:10- Timing Chip Pick-up and race morning packet pick up
- 7:10-8:20- Transition Open
- 8:10- Pre-Race meeting at the Swim Start (by boat ramp near Transition)
- 8:30- Wave 1 Triathlon all males start
- 8:35- Wave 2 Tri all females, Aquabike relays and All Du start

Kids Race

Kids race parking starts at 11:00, Please don't come before unless you are in the other race because the driveway is utilized for the adult race.

Kids can pick up their race packet at this time as well.

Transition will open at 11:30. Kids race will have another email with more specifics.

Swim Course: Sprint 500-Yards: Check website for map.

The swim will be a beach with plenty of room to spread out. Buoys will be on your right. Racers will have 2 right turns See course map for details.

<u>Duathlon 1st run</u>- 1 mile. The run course will start near the swim start and be an out and back.

On this first run you will enter transition where the swimmers are entering. Enter the transition and begin the bike portion.

Bike Course: 10 miles (2-loops)

Check website for most current map.

Exit transition and begin the bike portion of the race. (no riding in transition) The bike course is mostly jeep trails with a couple easy single track spots. Follow signs and directional arrows. Please be on the lookout for this split early on. Dismount before you enter transition.

*note: in off-road racing there is not a rule for only passing on the left. You may pass on either side. Best practice is to let the rider being passed know what side you are passing on. Another note, there is not a drafting rule in off-road racing.

Run course: 3 miles:

Exit at the back of transition. Follow the signs and directional arrows. There will be an aid station at mile 1 & 2 with water.

Finishing:

Racers: You will make a left turn up a hill to finish their race.

Post-Race:

We will have chips, salsa, apples, bananas, peanut butter sandwiches, water, and beer available at the finish. We will do awards as soon as we can.

Notes: It has been super dry these past months. There are lots of the "sticker burrs" in the grassy areas. Around the transition and cabin it is fine. They are mainly present in open field areas (especially in the high grass spots).

Special Race Notes:

The timing chips are reusable. After you finish, remove your chip and put in bucket at finish line. Also, it is always important to keep the race venue clean, but even more so with off road races. Please discard trash in trash receptacles and pick up your area in transition. On the course don't discard trash on the ground. We want to be welcome back for years to come.

Thanks, and have a great race!