

# Brick House Race 2023 Instructions

We are glad you could join us for the 5th annual Brick House Off-Road races. Please take a minute to read through the race instructions to help ensure your race goes as smoothly as possible. These instructions mainly pertain to the Sunday races but there are notes for how the Adventure race will differ.

**Location:** Magnolia Hill Ranch: 18135 FM 362, Navasota, TX 77868

**Parking:** Look for a sign off FM 362 marking the entrance to the race. After entering the ranch, the designated parking will be to your right. Your race registration covers parking for athletes, however, like state parks and other land use venues, there is a \$10 land use fee for spectators which goes to trail maintenance. Volunteers are free. If you know anyone interested in volunteering please have them email me at [benproko@hotmail.com](mailto:benproko@hotmail.com)

**Race Numbers:** You will receive 2 race numbers. One is for the bike (attached to the front with twist ties) and the other for the run. The run number must be attached on the front of your body. \* Adventure racers will need the number on the entire race.

**Timing Chip** (*Sunday races only*): Timing chips will be located in or by transition. We suggest putting the chip on your left ankle to avoid the bike drivetrain.

**Pre-riding** (*Sunday Races only*):

Available noon-4 pm Saturday. Basic course marking will be present earlier with more race markings coming later in the day. Please note that there may be a few adventure race athletes racing if you are pre-riding

**Packet pick-up:**

You will need a picture ID (photo copy is ok) for packet pick-up.

Saturday from noon-4 pm and then on Race morning. In the morning you will simply show your ID.

**Transition-**

- Only participating athletes/volunteers/race management allowed
- Transition closes 10 minutes before race start

**Race day schedule** (*Adventure race will follow same schedule with 8:30 AM start*)

7:00 a.m.- Parking begins

7:10-8:10- Timing Chip Pick-up and race morning packet pick up

7:10-8:20- Transition Open

8:10- Pre-Race meeting at the Swim Start (by boat ramp near Transition)

8:30- Wave 1 Triathlon all males start

8:35- Wave 2 Tri all females, Aquabike relays and All Du start

After you finish, we will have breakfast tacos, water and beer.

**Swim Course: Sprint 500-Yards: Check website for map.**

The swim will be a beach with plenty of room to spread out. Buoys will be on your right. Racers will have 2 right turns See course map for details.

**Duathlon 1<sup>st</sup> run-** 2 miles. The run course will start near the swim start and go around the lake in a clockwise manner. Follow the signs and directional arrows. There will be an aid station at 1 mile with water and gels

On this first run you will continue straight (Don't take the left uphill to the finish) then bend to the left near the swim exit and enter transition where the swimmers are entering. Enter the transition and begin the bike portion.

**Bike Course: 10 miles (2-loops)**

**Check website for most current map.**

Exit transition and begin the bike portion of the race. (no riding in transition)

The bike course is mostly jeep trails with a couple ez signal track spots.

Follow signs and directional arrows. Please be on the lookout for this split early on.

Dismount before you enter transition.

\*note: in off-road racing there is not a rule for only passing on the left. You may pass on either side. Best practice is to let the rider being passed what side you are passing on. Another note, there is not a drafting rule in off-road racing.

**Run course: 3 miles:**

Exit at the back of transition. Follow the signs and directional arrows. There will be an aid station at mile 1 & 2 with water and Hammer Gel.

**Finishing:**

**Racers:** You will make a left turn up a hill to finish their race.

### **Post-Race:**

We will have breakfast tacos, water, and beer available at the finish. We will do awards s soon as we can

### **Special Race Notes:**

The timing chips are reusable. After you finish, place remove your chip and put in bucket at finish line. Also, it is always important to keep the race venue clean but even more so with off road races. Please discard trash in trash receptacles and pick up your area in transition. On the course don't discard trash on the ground. We want to be welcome back for years to come.

Thanks, and have a great race!