

Course:

Novice / Juniors - 1 Lap $\approx$ 7.5 miles

Sport - 2 Laps $\approx$ 15.0 miles

Comp - 2 Laps $\approx$ 18.8 miles

Expert - 3 Laps $\approx$ 28.2 miles

All laps / distances are for Men & Women

