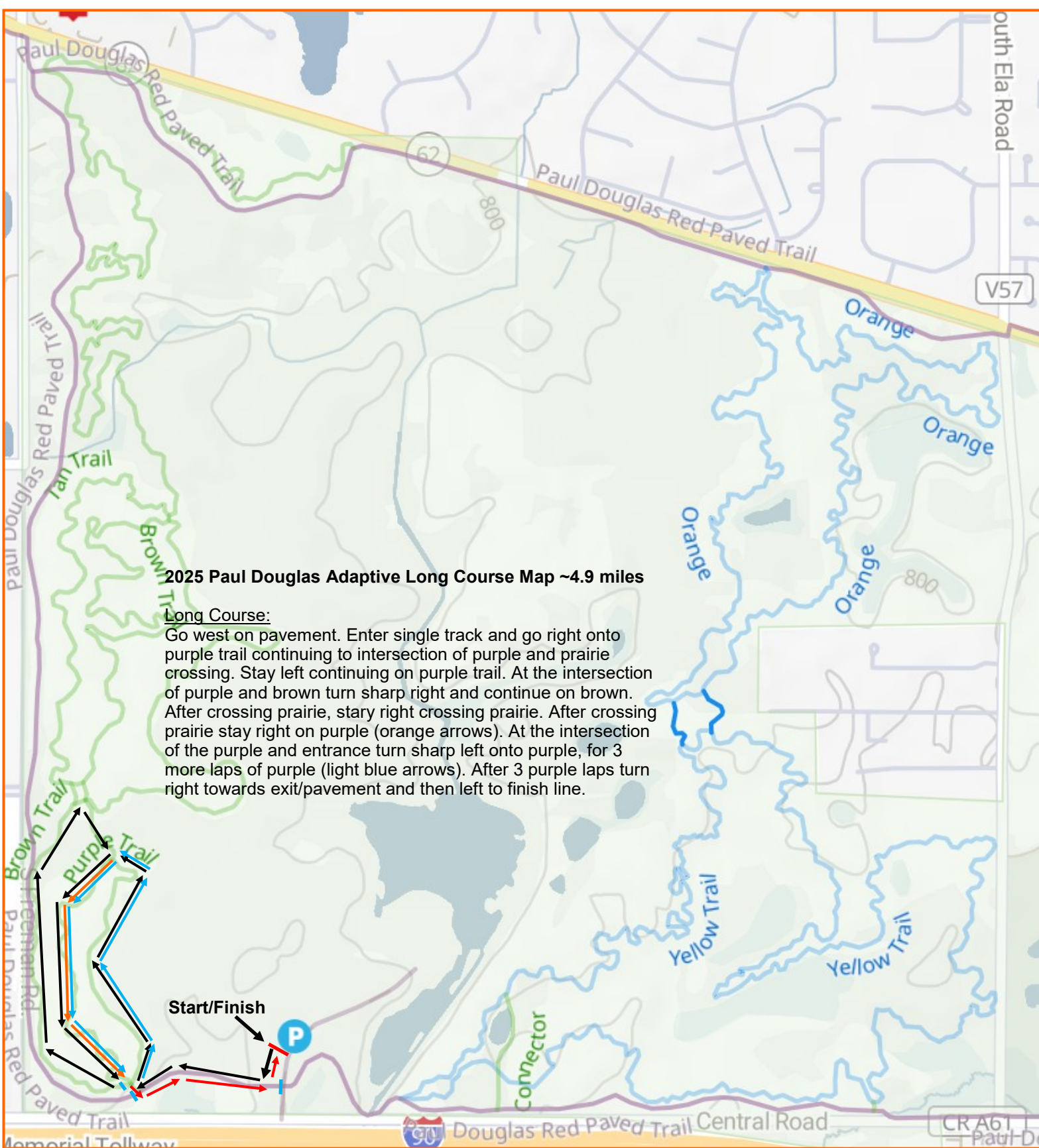


**2025 Paul Douglas Adaptive Short Course Map ~2.5 miles**

Short Course:

Go west on pavement. Enter single track and go right onto purple trail continuing to intersection of purple and prairie crossing. Stay left continuing on purple trail. At the intersection of purple and exit turn sharp left onto purple for 1 more lap. After 2 laps purple turn right towards exit/pavement and the left to finish line.



### 2025 Paul Douglas Adaptive Long Course Map ~4.9 miles

#### Long Course:

Go west on pavement. Enter single track and go right onto purple trail continuing to intersection of purple and prairie crossing. Stay left continuing on purple trail. At the intersection of purple and brown turn sharp right and continue on brown. After crossing prairie, stay right crossing prairie. After crossing prairie stay right on purple (orange arrows). At the intersection of the purple and entrance turn sharp left onto purple, for 3 more laps of purple (light blue arrows). After 3 purple laps turn right towards exit/pavement and then left to finish line.