

Westwood Dad's Dash 5K - 2015
Westvale Park, Westwood, NJ 07675

NJ15532JHP
Effective 6/14/2015 to 12/31/2025



ALL DIRECTIONS ARE GIVEN RELATIVE TO THE RUNNING DIRECTION.

Start/Finish: On Westvale Park path just south of Field C backstop, at black lamp post on right and at northernmost Irrigation Control Valve cover in grass on left.

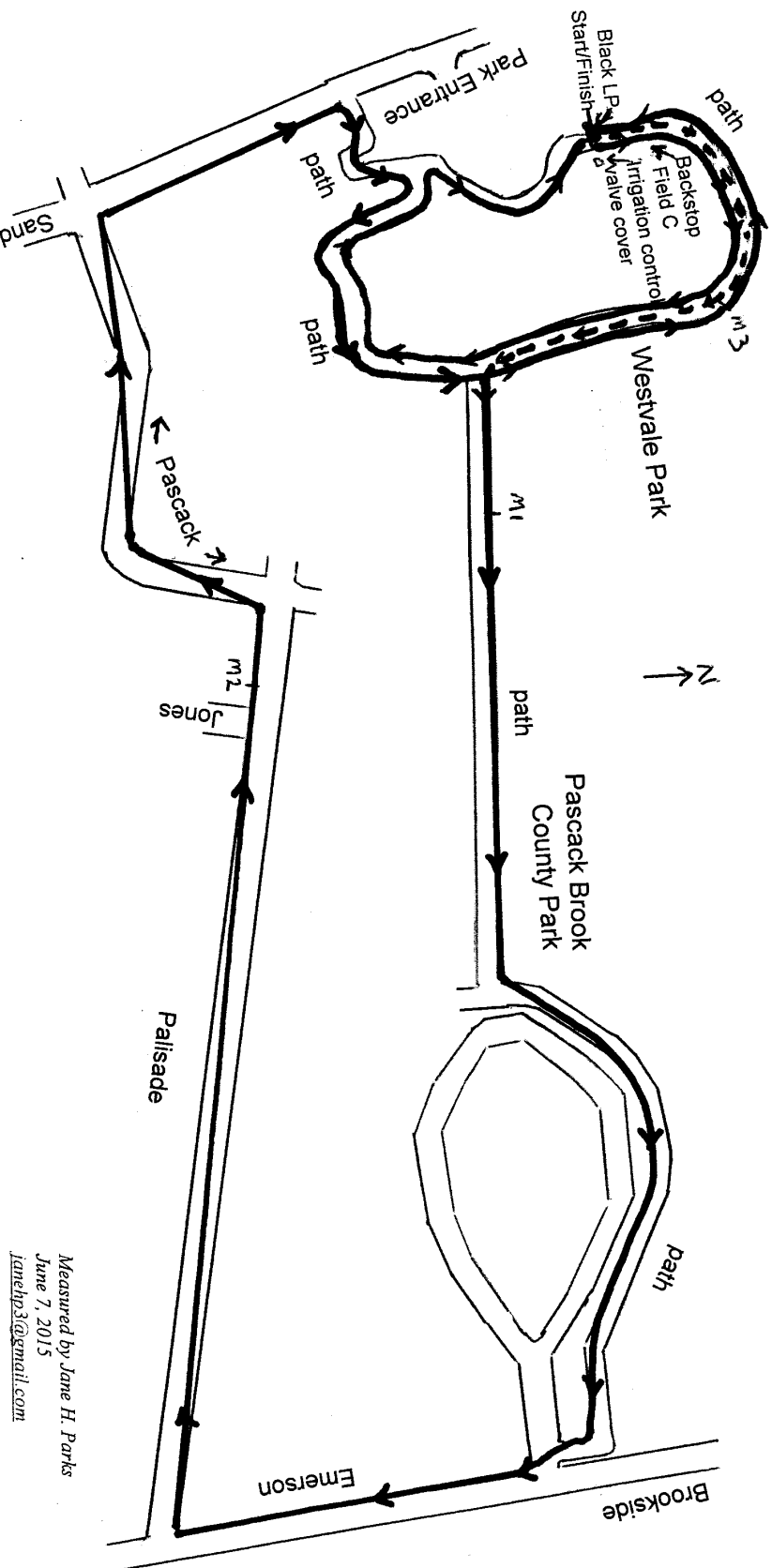
Mile 1: On paver path between the two parks, 205 feet after the trailing edge of the bridge railing on the left side of the path.

Mile 2: On Palisade after Jones, in the middle of the driveway to #139 on the left and 70 feet 10 inches after utility pole 61717WW on the right.

Mile 3: On Westvale Park path at north end of the concrete pad to metal bench on the left which is just past the backstop to Field D.

Course: Runners run the Westvale Park loop 1 1/2 times in the clockwise direction before turning onto the Pascack Brook County Park path.

Runners run on the park path to a right turn onto Emerson Rd., right onto Palisade Ave., left onto Pascack Rd., right onto Sand Rd. and right onto Westvale Park path at the playground picnic area. Runners return to the main loop and run a 3/4 loop in the counterclockwise direction to the finish.



Measured by Jane H. Parks
June 7, 2015
janehp3@gmail.com



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Westwood Dad's Dash 5K - 2015 Distance 5 Km
 Location (state) New Jersey (city) Westwood
 Type of course: road race calibration track Configuration: Complex of Loops
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Elevation (meters above sea level) Start 9 Finish 9 Highest 20 Lowest 8
 Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
 Measured by (name, address, phone & e-mail) Jane H. Parks, 973.349.0033, janehp3@gmail.com
IAAF/AIMS Grade A Measurer
 Race contact (name, address, phone & e-mail) Cheryl Moses, moses.racedirector@gmail.com
551-427-2505
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: June 7, 2015
 Race date: June 21, 2015 Course certification effective date: June 14, 2015
 Certification code: NJ15532JHP

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2025**

Jane H. Parks

AS NATIONALLY CERTIFIED BY:

Date: June 14, 2015

Jane H. Parks – USATF/RRTC Certifier
973.349.0033 janehp3@gmail.com