



PARKWAY
Wilmington

2022 ATHLETE GUIDE

NOVEMBER 13th, 2022



WELCOME TO WILMINGTON

A MESSAGE FROM OUR RACE DIRECTORS

COLIN HACKMAN & TOM CLIFFORD

Athletes, families and spectators, welcome to the 2022 Parkway Subaru Battleship Half Marathon, GFL 10K and 5K presented by Wicked Weed. This is the 24th annual race (started in 1998), one of the oldest half marathons in the South.



We are excited to show off our coastal North Carolina home to an audience of runners representing 35 states, and 12 countries, including men and women serving in every branch of the United States Military.

While you are with us in downtown Wilmington take a look at all of the big changes happening. Our community is attracting thousands of new residents every year. New hotels, parks, trails and businesses are sprouting daily. Much has changed in the Port City since back on April 29, 1962 - That's when the school children of North Carolina put a

change drive together to buy the ship from the US Navy and brought the 'Showboat' home; North Carolina's floating memorial to our World War II veterans and the 11,000 North Carolinians who died during the war. What hasn't changed since then is the kindness of our community, and the excitement to have you here to honor those who served, with a sacrifice of your own.

As runners we understand the struggle you endured to make it here to the starting line this Veterans Day weekend, and we are absolutely honored to have the opportunity to show an international audience our small (but growing quickly), downhome race.

Enjoy your time here in Wilmington. We hope you get to experience why we love this place so much, and why we truly believe this is the South's best half marathon.

Sincerely,
Tom Clifford and Colin Hackman



SCHEDULE

Saturday, November 12th

11:00am to 4:30pm - Expo and Packet Pickup - [Aloft Hotel](#)

11:00am - 2022 Southeast Veterans Day Parade (Near Expo)

Sunday, November 13th

5:30am-6:30am - Packet Pickup in Athlete Village [Princess Street Parking Lot](#)

7:00am - 10K and 13.1 Race Start

7:10am - 5K Start

9:00am - 5K Awards

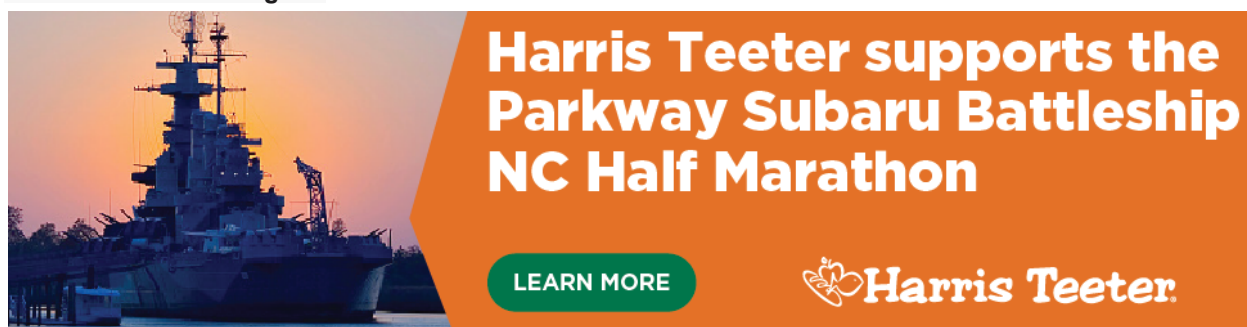
9:30am - 10K Awards

10:00am - 13.1 Awards

10:30am - Course Cutoff

11:00am - Register for the 2023 race or [your next event](#).)

Harris Teeter is proud to be the Official Grocer of The Parkway Subaru Battleship Half Marathon. go to <https://www.harristeeter.com/> to learn more about your neighborhood store and new location at the Crossroads in Wilmington.



RUNNERS EXPO

When: Saturday: 11:00am to 4:30pm

Where: [Aloft Hotel](#)

501 Nutt St. Wilmington, NC 28401

*** T-shirts are sold out. Runners who registered and did not receive a shirt, received a discounted entry. We normally have additional shirts on race day. After you finish you can see what we have left over. If we don't have your size and you want a retail item shipped to you, you can [check out our store here](#).

Packet Pickup

We will be very strict on the pickup hours due to our contract with the Aloft Hotel. We understand there are extenuating circumstances. If you find yourself in a bind you can pick up your bib on Sunday morning at the Princess Street Parking lot in the Athlete Village. If you are able, please bring non-perishable food items to support "MOVE FOR HUNGER." You can drop them off at the Coastal Carrier Booth.



**COASTAL CARRIER
MOVING & STORAGE COMPANY**

- Household & Commercial Moves
 - Local and Long Distance • Climate Controlled Storage
- "Moving You to Make a Difference"*



**PLEASE BRING NON PERISHABLE FOOD ITEMS TO SUPPORT MOVE FOR HUNGER,
a sustainable way for the relocation industry to reduce food waste and fight hunger.**

Grab your Run Wilmington Without Limits Gear!

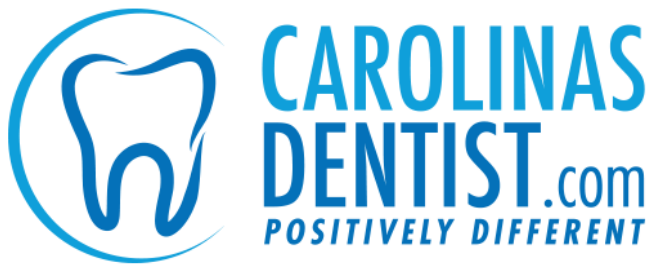
Without Limits race swag is a drawer favorite! Check out our new branded WOL Store and Run Wilmington Gear.

[Click here for Online Store](#)



Registration and Transfers

You can register at the expo IF the race is not sold out. You can also transfer your registration to another runner, upgrade or downgrade to another race. There will be a \$10 transfer fee. Head over to the CHANGES table when you arrive.



\$1,500 OFF
INVISALIGN
TREATMENT

The Pointe • Midtown
Porters Neck

PARKING

Downtown Wilmington, NC has public parking all around. There are blocks East, North and South of the start and finish area that have ample parking spaces and parking decks. Please find a legal place to park.

Parking is free Sunday morning. [City of Wilmington Parking Guide](#)

Parking for Packet Pickup

There are several parking spaces in downtown Wilmington near the Aloft Hotel. There is also a parking deck connected to the convention center. Parking lots are fee based and there are meters in most parking spaces. Please do not park illegally.

On-Street Parking

975 metered spaces downtown

Enforced Monday - Saturday, 9:00 a.m. 6:30 p.m.

FREE ON STREET PARKING SUNDAY

Parking Decks

FEE APPLIES ALL DAYS 24/7

-2nd Street - 114 N. 2nd St (between Chestnut and Princess streets)

-Wilmington Convention Center - Water Street and Estell Lee Drive (entrance) next to the Wilmington Convention Center at 515 Nutt St.

-RiverPlace Deck - 14 Grace Street (corner of Grace St. and Water St.)



BATHROOMS

40 Bathrooms will be located on princess street between front and water in the athlete village

First Aid Station at 3 - 4 bathrooms

2nd Aid Station - Near 5 and 12.5 - 2 Bathrooms

3rd Aid Station in Greenfield Park - 6.2 miles and 11 - 2 bathrooms

4th Aid Station in Greenfield Lake - 8.5 miles 2 bathrooms

PACE GROUPS

Your pacer will meet you at the race start. They will have a sign with their specific pace so you can find them in the corral.

HALF MARATHON - 1:30, 1:45, 2:00, 2:15, 2:30

We are excited to partner with [Culligan Eastern North Carolina](https://www.culligannc.com/) this year!

Backed by over 80 years of experience, your local Culligan Man has the perfect solution for your family's water concerns. Learn more at <https://www.culligannc.com/>

**You Are What
You Drink!**

Phone: (910) 762-0617
CulliganNC.com

Race participants will receive a coupon
Valued at \$50.00. Call for details.

**Culligan
Water™**



RACE DAY INFO

Battleship Half Marathon and GFL Battleship 10K

The Half Marathon and 10K will start together on Front Street in downtown Wilmington between Market and Princess. The race will head North on Front and deviate to 2nd street to go around some construction being done to the streetscape. After the deviation, runners will go back onto front and head to the Isabel Holmes Bridge. Rubber mats will be placed on the bridge for safety from the grades. Runners will then do a short out and back just off US 421 before going over the THomas Rhodes Bridge with a beautiful view of downtown Wilmington and the USS North Carolina B55, and finally the Cape Fear Memorial Bridge with another phenomenal view of downtown Wilmington.

Runners will exit off the bridge onto Front street.

The 10K will follow the half marathon until the turn around on front street.

The Half Marathon will remain straight to do a loop around Greenfield Lake before heading back downtown to the finish.

Start/Finish Location | [9 N. Front Street Wilmington, NC 28401](#)

GFL 5K

The 5K race will start downtown at 7:05 and follow the half and 10K route for about the first $\frac{3}{4}$ mile. The 5K will then turn left on Cowan street and proceed onto the Wilmington Riverwalk. The course will follow the riverwalk all the way to Orange Street before turning left and then a quick left back on Front street to the finish.

AID STATIONS

Gatorade, Water, Gu and Maurton Gels, Bathrooms

Approximate Mile Locations: 3, 5, 6.2, 8.5, 11, 12.5

5K AID STATION

Water Only at Mile 1.5

Mandatory Course Cutoffs Points

Mile 3 - 7:50am

Mile 6.2 - 8:45am

**Everyone wins when we take
care of the environment**

Green Today. Green For Life.

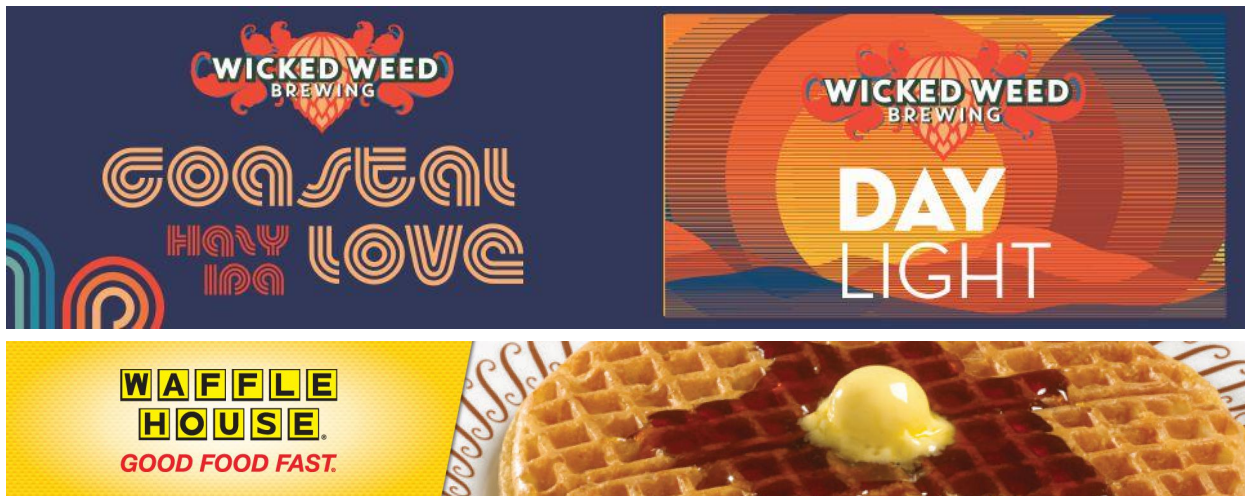
gflenv.com



POST RACE

ATHLETE VILLAGE

When athletes finish, you will get your medal, water and banana, and then head down Princess Street to the post race Athlete Village where you can get biscuits and beer. We will also have live music and the award ceremony in this location. Lastly you will receive a coupon for a free waffle at any [Wilmington Waffle House location](#).



SPECTATORS AT THE FINISH

The finish area is in the heart of downtown Wilmington. Spectators are welcome to cheer on the runners and head into the athlete village. Enjoy our beautiful city. Spectators are not allowed to bike beside their runners anywhere on course but you can drive and cheer people on.



BenchMark Physical Therapy is happy to support the Battleship Half-Marathon! We are the leading operator of outpatient physical therapy clinics in the United States and the Preferred Physical Therapy Provider of Choice for the Cape Fear Area. Our patient-centered approach to physical therapy leads to more positive outcomes for patients and physical therapists.

Fleet Feet is excited to host the Parkway Subaru Post Race Celebration. With Live music, Beer from Wicked Weed, and Biscuits from WaffleHouse. Good luck to all of the runners and stop by one of our 2 locations for all of your race needs!



BIBS RESULTS and PICTURES

BIBS: Be sure your bib is visible front and center on your chest or on your shorts. Your bib is your timing tag and to get a healthy read for your splits and overall time, you must have your bib visibly seen. This also helps our volunteers and race officials know what event you are running.

RESULTS: Will be updated every 15 minutes online. Overall results are based on gun time, age group results and Boston qualifiers are based on chip time.

PICS: We will have three photographers on course. They will capture you in action and then we will upload the pictures to our registration platform after the race. Our registration platform will automatically tag your bib number with your name as long as your bib is visible. Give us some time after the race to do this as it is not an instant production.

Axis Fitness is a coaching company that uses fitness as a vehicle to impact lives. Offering group training, personal training and open gym in three convenient locations to the greater Wilmington area! Come check us out, and we'll see you at the water stop at our Downtown location!"



Good Luck Battleship Runners!!

Bring your race bib to any of our locations to redeem for a free workout!

Special Offer!
21 Days for \$21

Includes:
3 Group Training Classes
Open Gym
One Goal Setting Session

AxisTM
24/7 FITNESS + TRAINING

Come Elevate Your Fitness with Us!!

Wilmington.C.

River District & Island Beaches

Come for record setting. Stay for sun settings.

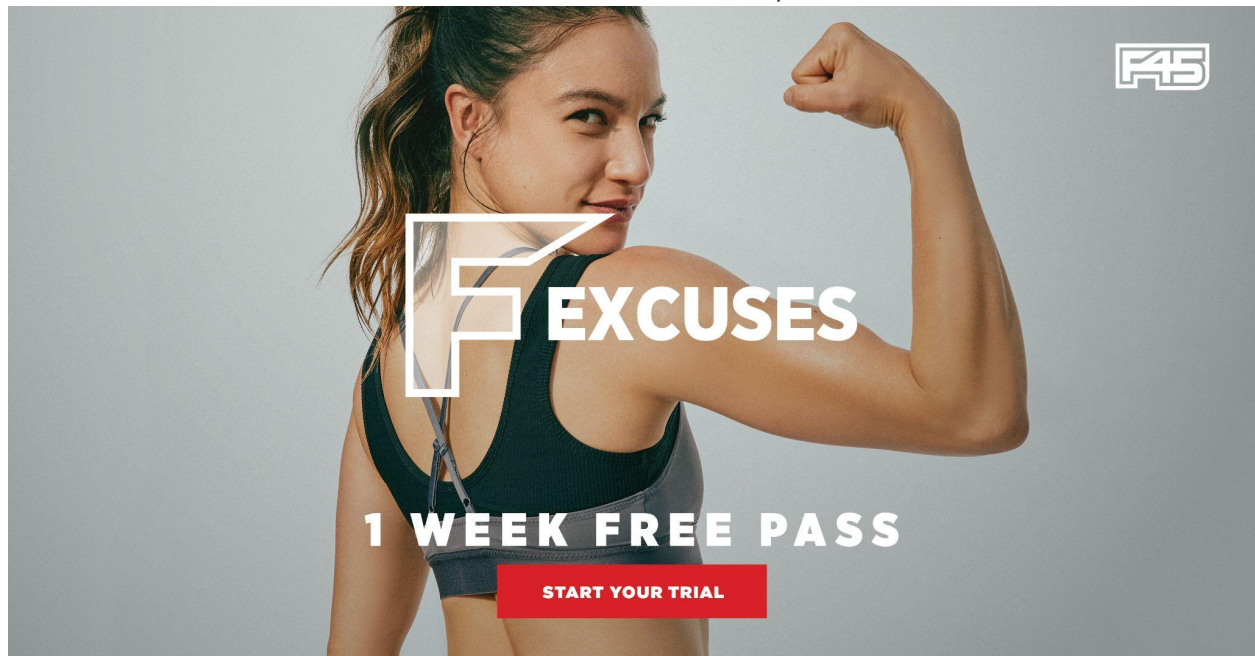
Diverse course from historic downtown Wilmington to Battleship to lakeside park, plus good weather and many things to see and do before and after the race. Everything you need to enjoy the Parkway Subaru Battleship Half Marathon all in one place. Find detailed information on accommodations, attractions, dining, shopping, tours, and outdoor activities for planning your trip to Wilmington and Island Beaches. View the Wilmington and Beaches digital Visitors Guide by using the QR code or visit WilmingtonAndBeaches.com for free visitor information. Enjoy your visit to the best of the Carolina Coast.



IMPORTANT LINKS

- [COURSE MAPS](#)
- [F.A.Q](#)
- [CHECK TO SEE IF YOU ARE REGISTERED AND FIND YOUR BIB NUMBER](#)
- [EXPO PACKET PICKUP](#)
- [START LINE](#)
- [RACE DAY ATHLETE VILLAGE](#)
- [RESULTS](#)

LOOKING FOR MORE STRENGTH, IMPROVE CARDIO OR RECOVERY BASED EXERCISES? WE HAVE IT ALL! F-45 IS THE TOTAL AMOUNT OF TIME FOR SWEAT-DRIPPING, HEART-PUMPING FUN





Some banks focus on transactions; SouthState focuses on relationships. SouthState bankers are proud to live and work in this community and know the people and businesses here. We are also committed to helping the Wilmington region thrive – by making it easier and more convenient to do business with the bank, both in-person and online.



FIND YOUR NEXT EVENT

Without Limits and Go Time put on premier events in the Southeast! Find your next event whether it is your next half or full marathon, or a trail race, we've got you covered.

Use the code "BATTLESHIP2022" at checkout to get 10% off any of these events



RACE WITH US!
WWW.ITS-GO-TIME.COM

PRINTABLE MAPS BELOW



13.1

- START: FRONT STREET BETWEEN MARKET AND PRINCESS
- HEAD NORTH ON FRONT
- RIGHT ON GRACE
- LEFT ON 2ND
- LEFT ON RED CROSS
- RIGHT ON FRONT
- LEFT ON 3RD STREET
- MERGE ONTO US 74 ISABEL HOLMES BRIDGE IN COUNTERFLOW OF TRAFFIC
- LEFT ON US 421
- LEFT ON POINT HARBOR RD TO THE TURN AROUND
- BACK DOWN POINT HARBOR
- LEFT ON US 421 OVER THE THOMAS RHODES BRIDGE
- MERGE ONTO US 17 OVER THE CAPE FEAR ---
- MEMORIAL BRIDGE ONTO N. FRONT HEADING SOUTH
- TAKE EXIT RAMP ONTO N. FRONT HEADING SOUTH
- CONTINUE SOUTH TO BURNETT BLVD
- LEFT ON BURNETT

- CROSS OVER GREENFIELD TO 3RD
- RIGHT ON 3RD
- LEFT ON PARK
- RIGHT ON EAST LAKE SHORE DR.
- REMAIN AROUND GREENFIELD LAKE - E. LAKE SHORE BECOMES W. LAKE SHORE
- MERGE ONTO AMPHITHEATRE DR
- GREENWAY TO E. LAKE SHORE
- LEFT ON E. LAKE SHORE
- LEFT ON PARK
- RIGHT ON 3RD
- CROSS OVER GREENFIELD
- LEFT ON BURNETT
- RIGHT ON FRONT
- CROSS OVER FRONT AT QUEEN
- REMAIN ON FRONT TO THE FINISH ON FRONT BETWEEN MARKET AND PRINCESS





10K

- START: FRONT STREET BETWEEN MARKET AND PRINCESS
- HEAD NORTH ON FRONT
- RIGHT ON GRACE
- LEFT ON 2ND
- LEFT ON RED CROSS
- RIGHT ON FRONT
- LEFT ONTO 3RD STREET
- MERGE ONTO US 74 ISABEL HOLMES BRIDGE IN COUNTERFLOW OF TRAFFIC
- LEFT ON US 421
- BACK DOWN POINT HARBOR RD TO THE TURN AROUND

- LEFT ON US 421 OVER THE THOMAS RHODES BRIDGE
- MERGE ONTO US 17 OVER THE CAPE FEAR MEMORIAL BRIDGE
- TAKE EXIT RAMP ONTO N. FRONT HEADING SOUTH
- TURN AROUND ON FRONT
- CROSS OVER FRONT AT QUEEN
- REMAIN ON FRONT TO THE FINISH ON FRONT BETWEEN MARKET AND PRINCESS





5K

- START: FRONT STREET BETWEEN MARKET AND PRINCESS
- HEAD NORTH ON FRONT
- RIGHT ON GRACE
- LEFT ON 2ND
- LEFT ON RED CROSS
- RIGHT ON FRONT
- LEFT ON COWAN STREET
- RIGHT ON NUTT
- MERGE ONTO THE WILMINGTON RIVER WALK
- FOLLOW RIVER WALK TO WATER STREET
- RIGHT ON WATER STREET
- LEFT ON ORANGE
- LEFT ON FRONT
- FINISH ON FRON BETWEEN MARKET AND PRINCESS

