OBSTACLE #1

Hay Bale Hurdles

Skills: Jumping over objects with owner.

DIY Home Training:
- Stack pillows or rows of toilet paper to create hurdles down the hallway.
OBSTACLE #2

Waterslide

Skills: How do you and your dog slide the fastest? Holding him in lap? Him running beside?

DIY Home Training:
- Eliminate any fear of sliding by practicing at home and rewarding with a treat. Find a slide or a smaller steep hill at first and then move to bigger slides/hills.
OBSTACLE #3

Neighbor’s Yard

Skills: Jumping through objects with owner.

**DIY Home Training:**
- Start with a hula hoop or cut a “dog-size” hole out of a large piece of cardboard. Tape it between 2 chairs and practice prompting dog to jump through. Tape a piece of poster board across a doorway in your home. Practice jumping over it with your pup.
OBSTACLE #4

A-frame

Skills: Climbing up a steep object and down the other side. May be beneficial to teach your dog to “pause” at top on command if need more time to climb over yourself.

DIY Home Training:
If you’d like to construct your own standard size A-frame, there are many YouTube tutorials.
OBSTACLE #5

Muddy Buddy Crawl

Skills: Crawling beside your dog. Small dogs will probably not have to crawl to get through this one, but it may be a cute bonding moment anyway.

DIY Home Training:
- Get some yarn and chairs, string the yarn from chair to chair about 2 feet off the ground. Practice crawling under with your dog.
OBSTACLE #6

Foam Bubble Tunnel

Skills: Running through bubbles with dog

DIY Home Training:
-Make sure you have dog safe bubbles and have fun in the yard!
OBSTACLE #7

Rainbow Ball Tunnel

Skills: Crawling through tunnel with lots of balls/distractions.

DIY Home Training:
- It’s Blanket Fort time! create a tunnel out of blankets and chairs, feel free to put his fav toys as distractions and create a command for crawl to keep his focus on moving with you.
OBSTACLE  #8

Frisbee Toss

Skills: Hand-eye coordination while holding the leash. Make sure dog stays still.

DIY Home Training:
-Frisbee Practice at home. Use an circular target 30 ft away.
OBSTACLE #9

Rin Spin Spin

Skills: Use legs to spin the wheel towards the ground. When tire reaches the platform, get up, run around to the tire, & clip to dog’s harness for them to run it back. If small dog or no harness, run it back on your own. Never clip to collar. Dog learning command for drag or tug.

DIY Home Training:
- You do most of the work here, but may help to get your dog used to pull an object. Never teach a dog to pull/tug using a leash. Use same rope every time. Never make your dog pull a heavy object with his collar/neck, can cause strain. Special pulling harness’ available online.
OBSTACLE #10

Doggie Bag Carry

Skills: Carrying heavy object for 100 meters.

DIY Home Training:
- You can use any heavy item and build endurance.
  Fill a bucket with sand, rocks, or fill a water jug.
OBSTACLE #11

Weave Poles

Skills: Weaving through poles with dog.

DIY Home Training:
- You can use posts, flags, cones, toilet paper rolls, or bamboo sticks to replicate weave poles. Place them 2 feet apart and practice going right & left with your dog.
OBSTACLE #12

Teeter Totters

Skills: Teaching dog your command to stay beside you as you distribute your weight to cause the teeter to drop down.

DIY Home Training:
- YouTube videos of how to build your Dog Agility teeter totter.
OBSTACLE #13

Ball Haul

Skills: You will transport 4 balls up a hill, 1 at a time. If your dog carries 2, you’ll only have to make 2 trips. If not, you’ll make 4 trips. Most important here is practice for cardio.

DIY Home Training:
- If your dog loves a ball, this will be easier. We use Chewy’s “Holey Roller” balls during the race.
OBSTACLE #14

Noble Under/Over Logs

Skills: Jumping over the hurdles w/ banners, crawling under the next, consecutively with your dog. Use command for “over” & “under” so your dog knows what to do.

DIY Home Training:
Create hurdles with 2 chairs and 1 broom stick lying across. You can replicate banners by lying a blanket over the broomstick between the chairs.
OBSTACLE #15

Blaze of Glory

Skills: Jumping from a platform 2 feet above ground.

DIY Home Training:
- Find a 2 ft high platform such as a step or porch.