



Sandusky County YMCA



Indoor Sprint Triathlon

- ◆ **WHEN:** Sunday, March 31st, 2019
- ◆ **WHERE:** Sandusky County YMCA
- ◆ Check-In Opens at 7 AM
- ◆ Seeded Heat Assignments beginning at 8am TBA
- ◆ 1/2 mile swim (18 laps), 12.5 mile bike, 3.1 mile run
- ◆ Register by March 20th

EARLY BIRD REGISTRATION ON OR BEFORE March 1, 2019

\$25

PRICE INCREASES March 2, 2019

\$35

Questions email: phecker@ymcafremont.org or call 419-332-9622

2019 Sandusky County YMCA Indoor Sprint Triathlon



NAME:

DOB:

ADDRESS:

CITY / STATE / ZIP:

PHONE:

EMAIL:

SEX : M F

Est: 750m Swim Time:

SHIRT SIZE: S M L XL XXL

Sandusky County YMCA Waiver: I hereby authorize the staff of the Sandusky county YMCA to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the Sandusky County YMCA, the Fremont Elite Runners Club, and all sponsors, and their representatives and successors from all liability for injuries or illnesses incurred while participating in this program. I understand that sport participation carries some risk of injury. The Sandusky County YMCA is not responsible for personal items that are lost, stolen, or damaged. All medical expenses incurred will be the responsibility of the participant or the participant's family. The YMCA will be taking pictures. I hereby grant permission for program participants to be photographed and photographs to be used for promotional purposes by the Sandusky County YMCA. Check out our website, www.ATtheY.org!

Signature _____



Make checks payable to: Sandusky County YMCA - 1000 North St - Fremont, OH 43420 - T 419-332-9622 - F 419-332-5973