

2021 CHERRY BLOSSOM RUN COVID-19 SAFETY PLAN

Event Location:

Seward Park, 5900 Lake Washington Blvd, Seattle, WA 98118

Event Times:

Saturday, April 17th & 18th, 2021 from 7 AM to 4 PM, waves every 10 minutes.

Event Website for Event Information: www.racethebloom.com

PRE-RACE SCREENING:

- If any staff or participants have been exposed to someone who tested positive for coronavirus recently (within the past 14 days), we ask them not to attend the live running event.
- If exposed seek guidance from the Washington state Department of Health or employer regarding COVID-19 testing and quarantining protocols. For that information visit: [Isolation & Quarantine for COVID-19](#). COVID-19 testing sites can be found at: [WA Testing Locations](#).
- If experiencing any symptoms of COVID19 leading up to the event, please stay home. We strongly encourage to get tested for COVID-19.
- Symptoms of COVID-19 include, but are not limited to:
Fever or chills • cough • shortness of breath or difficulty breathing • fatigue • muscle or body aches • headache • new loss of taste or smell • sore throat • congestion or runny nose • nausea or vomiting • diarrhea.

We will screen ALL participants at the event for symptoms of COVID-19 upon arrival.

Questions we will be asking participants are:

1. Have you experienced any of the following symptoms in the past 48 hours:
• fever or chills • cough • shortness of breath or difficulty breathing • fatigue • muscle or body aches • headache • new loss of taste or smell • sore throat • congestion or runny nose • nausea or vomiting • diarrhea
2. Within the past 14 days, have you been in close physical contact (6 feet or closer for a cumulative total of 15 minutes) with:
 - Anyone who is known to have laboratory-confirmed COVID-19? OR
 - Anyone who has any symptoms consistent with COVID-19?
3. Have you recently isolated or quarantined because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?

4. Are you currently waiting on the results of a COVID-19 test?

Staff will also be screened with coronavirus testing prior to the event as well as temperature checks at the event before participants arrive as well as the same questions above.

EVENT ARRIVAL, 4-17-2021 & 4-18-2021 – WEAR A MASK!

- Race waves are every 10 minutes. Participants have all chosen a wave start time for Saturday April 17th or Sunday April 18th. For participants who have forgotten their wave time, please email us at info@runrainier.com. Alternatively, you can login to RunSignUp.com and manage your profile for this race to view your wave time or choose an available wave time.

Please show up AT your scheduled wave time, **NO EARLIER!**

IF you show up to the bib pick up tent earlier than your scheduled wave, we will ask you to please head back to your vehicles, or walk Seward Park, or other area of the park that is NOT in the area of the event set up until your scheduled wave time.

- At respective scheduled wave times runners can approach the green Rainier Timing tent on the grass just north of the entrance to Seward Park one at a time unless you are a family unit. Maintain 6 feet distance from non-family members. A staff will screen participants for COVID-19 symptoms then assign a bib number and final event instructions. Orange cones with “6’ stand here” signs will be in front of the check-in tent to denote 6 feet distance from other orange cones. Please stand next to these orange cones to maintain 6 feet social distancing from others.
- **RESTROOMS**
 - We will have 2 event specific portable restrooms in the grassy area near the finish line tent.
 - The portable restrooms will be set 6 feet apart. Please maintain six feet distance from others if waiting to use one.
 - A table with hand sanitizer as well as garbage receptacle will be near the porta potties.
 - We will have “stand 6 feet apart” signs on top of orange cones placed in front of the porta potties to help keep people socially distancing safely.
 - There are additional public restrooms near the Seward Park entrance (might not be open).
- If you have forgotten your mask, a fabric face mask will be provided to you at no charge! They will be on a table labeled “Masks & Hand Sanitizer” adjacent to the green Rainier Timing tent near the race entrance away from other participants and staff.
- Read the posted signage at the event entrance on our A-frame sandwich board for safety requirement reminders i.e. compliance with the state-wide [facial covering order](#) and state social distancing measures for businesses.
- Again, maintain six feet distance from strangers at the event at all times. Wear a mask at all times! Help prevent the spread of COVID-19.

RACE START, COURSE & FINISH/LOOP SPLIT AREA

- After each participant(s) have picked up race bibs and safety pins for respective scheduled wave times, staff will instruct them to the start line arch and mat antennas which is about 100 feet away from the check in tent. Participants will head to the start line and immediately begin your run. Again, wear face coverings at all times!
- You must wear your mask at all times in City of Seattle Parks! There are other pedestrians and participants who you may pass or who may pass you.

POST RACE INSTRUCTIONS

- After the run/walk, you can approach the large green “Rainier Running” tent to retrieve finisher medal, beanie, and refreshments IF there is no one else present there. Please, one at a time unless you are a family. We will have one staff member near the finish area tent monitoring the flow of people.
- In order to maximize social distancing and minimize the touching of shared surfaces staff will NOT be providing:
 - Vendor services
 - Prepared foods
- We will have minimal packaged refreshments and bottled water for all participants.
- Race results:
 - We will combine times from all waves at the end of the day once everyone has had a chance to complete the course. We will notify everyone by email and social media when those online result can be accessed and viewed that same night!
- We ask that participants promptly vacate the event premises after the run/walk and after obtaining finish line swag, refreshments and photos.

FOR ANY QUESTIONS YOU CAN EMAIL THE EVENT STAFF AT INFO@RUNRAINIER.COM OR CALL 971-200-5105. THE RACE DIRECTOR CAN BE REACHED AT JIMMY@RUNRAINIER.COM