

**Free To Run
Foundation**

Hope for Dayton 5k
Saturday, July 6, 2019, 9:00 am
Treasure Island Park, Troy, OH

#DaytonStrong

Benefiting Dayton Area Tornado Recovery & Relief

Participant Information (please print clearly)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Phone: _____

DOB: _____ Male / Female (circle)

Adult Runner or Walker: \$30

Under 18 (subtract \$5 from Adult pricing)

Additional Donation (optional):

\$_____ to support tornado recovery efforts

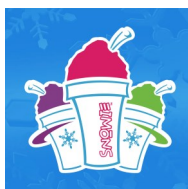
Shirt Size: XS S M L XL XXL (add \$2)

(Shirt not guaranteed after 6/23)

Emergency Contact Name: _____

Phone: _____

Sponsors



Registration Options

1. Register online by July 5 at

<https://runsignup.com/hopefordayton5k>

2. Mail this completed form with payment, postmarked by July 1 to:

Free to Run Foundation

P.O. Box 452

Troy, OH 45373

Make checks payable to: Free To Run Foundation

3. Same Day Registration at Treasure Island Park

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors, and assigns, all claims arising from my participation in Free To Run Foundation's Hope for Dayton 5k, and do hereby release Free To Run Foundation, City of Troy, Speedy Feet, their representatives, employees, officials, volunteers, successors, and assigns for any and all injuries and damage to me or my property in said event; and agree to hold above listed harmless from any claims. I attest and verify that I am physically fit and understand the risks for this event and have trained adequately in preparation. I give my permission for the administration of medical aid in case of emergency. I further give my permission for the free use of my name, voice recording, or photo in any printed account, broadcast, telecast or commercial advertising of this event.

Signature: _____

(parent or guardian signature if participant under age 18)

Date: _____