

Bare Hill Duathlon

Sun June 27, 2021

Harvard, MA 01451 US [Directions](#)

Athlete's Guide

Welcome to the 2021 Bare Hill Duathlon.

This Athlete's guide serves as a valuable resource, please take the time to read it a couple of days before the event as it will likely make your experience much better.

Thank you for choosing to participate in the event and we hope you will have a wonderful experience.

The Harvard Lions Club



What can I find in the Athlete's Guide?

- Race location and parking
- Schedule of Events
- Race packet pick-up, bib look-up
- Bike mechanic, late/day of registrations
- Transition zone
- Duathlon run and bike courses
- Awards
- Contingency plans
- Sponsors
- Questions



Race location and parking

- Race Location is at 4 Pond Road, Harvard, MA; please note there is NO parking in the library parking lots
- Parking is available at the Bromfield School (14 Mass Ave)
- Road marshals will assist you

Schedule of Events on Race Day

- Transition zone will open at 6:30am and close at 7:30am.
- Race day registration (\$75) from 6:30-7am, race packet pick up from 6:30a-7:30am.
- The Duathlon will start at 8am on Sunday June 27, 2021.
- Transition zone will be re-opened around 9:30am.
- Awards presentation will begin at approximately 10am. Please be present for your award or have someone pick it up for you as we can not mail medals and awards.

Race Packet pick-up & Late/Day of Race Registration

- Packet Pick Up is at 4 Pond Rd, Harvard, MA on Saturday June 26th from 4pm to 6pm and Sunday June 27th 6:30am to 7:30am
- Late/Day of Race Registration (\$75) is at 4 Pond Rd, Harvard, MA on Saturday June 26th at 4pm to 6pm and Sunday June 27th 6:30am to 7:00am
- Please bring a valid Photo ID
- Credit cards, checks, and cash accepted for late race registrations

Bike Mechanic

- CK Bikes will be on-site for complimentary basic bike services

Transition zone

- The transition zone is by the Harvard Public Library, 4 Pond Road, next to the registration; it opens at 630am and closes at 730am. It will reopen again around 9:30am. No body markings needed for this event.

First run (3.1m)

- The first run starts at 8:00am. After leaving the transition zone, you will run along shaded roads near Bare Hill Pond on a combination of dirt roads and pavement. The gently rolling course is well marshaled and has one water stop before you finish in front of Harvard's historic library.

Bike course (10.4m)

- The single loop bike course starts with an initial uphill, passing apple orchards and horse farms into the town of Bolton. Athletes will make their way along rolling hills to Harvard's most popular road for biking, Prospect Hill, before returning to the center of town. Road marshals will be placed at all turns but please become familiar with the route directions prior to the race. Please be advised that the bike course is open to traffic, so it is your responsibility to follow all traffic laws. Marshalls will be directing traffic at intersections. You will always be biking in the same direction as traffic and must stay to the right-hand side of the road at all times to allow for safe passing of motor vehicles. This is a USAT sanctioned event and drafting is not allowed. For more details see <https://runsignup.com/Race/MA/Harvard/BareHillTri>

Second run (1.6m)

- The final run starts will loop you around the Bromfield school to the town beach, where you turn around and follow a similar path towards the finish near the historic Harvard Library. For more details see <https://runsignup.com/Race/MA/Harvard/BareHillTri>



Results

- Online bib lookup: <https://tinyurl.com/barehilldubiblookup>

Awards

The awards ceremony will take place at approximately 10am and medals will be awarded for:

- Medals for First place finishers in each 5-year age group
- Gift baskets for overall Female and Male winner
- Gift basket for randomly drawn based on bib number

Inclement weather

- Please note the race will be held rain or shine, but if the weather or other unforeseen circumstances threaten the safety of athletes, race management reserves the right to cancel the event or alter portions of the bike or run courses. Please understand that in the unlikely case that we did have to cancel the event, no refunds would be issued, however, a partial credit would be offered to the next year's race; further details will be communicated post-race.

Sponsors

We thank our sponsors for their generous donations

- Whitney Lane Farms
- Basnett Plumbing and Heating
- Alexander Advisors
- CK Bikes
- Carlson Orchards
- Beyond Construction Masonry
- Marathon Sports
- Chestnut Tree and Landscape
- Sustainable Lawncare

Questions

- If you have any additional questions, please contact us at barehilltri@gmail.com