



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRINT TRIATHLON AT THE COFFMAN YMCA

MAY 10TH, 2026
7:00 AM

Join the Coffman YMCA as they host the Sprint Triathlon with a portion of the proceeds going to benefit the Annual Campaign. This race is great for the novice, but also challenging enough for the more seasoned triathlete. The triathlon will begin and end at the Coffman YMCA.

COURSE DESCRIPTION

Start with a 300 yd swim that will take place in the pool. It will be a serpentine swim. Swimmers will enter pool with chip timer on ankle. Transition will be through the back of pool area to the back of the Y where the bike racks will be located.

The roughly 10.5 mile bike route will be through-out Springboro and surrounding communities. There will be police along the route at critical traffic points to direct /stop traffic for race participants. The bike route will end behind the Y at the original swim-to-bike transition spot behind YMCA.

Finish with a 3.1 run through out Settler's Walk. The route is flat and smooth and will have volunteers along the route to direct participants.

REGISTRATION

Pre-Registration is \$60 by May 1st. \$70 thereafter. T-shirts are guaranteed for those registered on or before May 1st. Youth (under 17) is \$40 before May 1st and \$50 after. Register now at www.speedy-feet.com. No registrations will be taken at the YMCA. Packet Pickup: Sunday, May 10th starting at 5:30 AM.



AWARDS

Timing and results provided by Speedy-Feet. Award Medal for everyone who participates and crosses the finish line. Overall male and female. Age Group-Awards for Overall male and female in age groups! 19-under, 20-29, 30-39, 40-49, 50-59 and 60+. All results and pictures will be posted at www.speedy-feet.com.

TIMING

This event will be chip timed by Speedy-Feet. Timing Chips must be returned after the race or athletes will be charged for the equipment.

FOR MORE INFORMATION, PLEASE CONTACT:

Darlene Reid - Senior Health & Wellness Director
dreid@daytonymca.org | (937) 886-2845