-1st ANNUAL-

STRIDES FOR LIVES 5K RUN/WALK

Sunday, July 28th, 2019

Registration	7:00 to 9:00 AM South Williamsport Community Park 545 E. Central Ave. SW, PA 17702
Race Begins	Runners and Walkers - 9:00 A.M.
Entry Fee	$30.00 if received by April 30th, 2019 $35.00 May 1st – July 24th, 2019 $40.00 on Race Day Children 10 & Under are $15.00 No Charge for Children in Strollers
5K Run Awards	OVERALL 1st Place: Male and Female Runner Top 1 Male and Female Runners in age groups: 10 & Under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, and 60+
5K Walk Awards	OVERALL 1st Place: Male and Female Walker Top 1 Male/Female in age groups 20 & Under, 21-44, and 45+

Online Registration available at https://runsignup.com/Race/PA/SouthWilliamsport/StridesforLives5K

PROCEEDS BENEFIT
Elijah Follmer & Family

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