
Try Tri Indy Triathlon: Event Health and Safety Plan

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Event Name: Try Tri Indy Triathlon

Event Address: Brownsburg High School 1000 S Odell St, Brownsburg, IN 46112

Date of Event: May 16, 2021

Event Start: 8:00 AM

Estimated Number of Participants: 250

Will Food Vendors and/or Concessions be Available: No

Major Adjustments for the Triathlon:

Facility Needs from Brownsburg HS:

- Our main need is outdoor space (transition, finish, parking, port o pot space, etc), pool access just for swimming the first leg of the race (no warmup). We will NOT use indoor restrooms, locker rooms, etc.
- Pool access for staff at 7:30 AM to set timing gear up
- Port O Pots dropped off Friday (locked) and picked up Monday (can pick a spot out of the way and dolly to race day spot)

Transition:

- Masks required at all times except when competing
- We will have a mandatory hand sanitizing station at the entrance/exit to transition
- We will have single flow of traffic into and out of transition
- We will double the necessary bike racks needed for 250 athletes in transition which will also double the space in transition
- We will limit each rack to 4 participants with them alternating sides of the rack assuring appropriate social distancing
- We will pre-assign transition spots on the racks to keep structure to loading in/out
- We will schedule transition set up times based on swim start, bib assign etc. This assures that we avoid a crowded transition area during set up and proper social distancing.

Swim:

- We will assign bibs based on estimated swim time fastest to slowest
- Athletes will stay socially distant in the parking lot while listening for instructions
- We will corral 25 people at a time with cones marking their space to stand outside
- We will send people to start the swim individually and maintain single traffic flow in/out of pool

Bike:

- Athletes will flow into, and out of transition single file with the time trial/spaced out start
- We will again maintain single flow of traffic

Run:

- Athletes will flow into, and out of transition single file with the time trial/spaced out start
- We will again maintain single flow of traffic
- The run finishes at the finish line and will be required to put on a mask once they finish

Steps Taken to Mitigate the Spread of COVID-19

1) Capacity Limit:

Our plan is to cap the event at 250 participants. We will not allow spectators at this year's event unless the triathlete/duathlete is a youth in which a family member is allowed. Our field of youth participants is typically less than 5% (so less than 15 under 18). All will be required to wear masks at all times except when competing, and to maintain social distancing while within the venue. We will be at least doubling the square footage we typically set up and will be restricting the amount of people in transition at any given time thus operating well below 50% (can be as low as 25% if needed) or less of what the space can hold.

2) Guest Information:

- All guests will be required to wear a mask when at the venue except while they are actually racing.
- All guests will be required to practice social distancing while at the venue maintaining at least 6ft between themselves and those outside of their household.
- We will have sanitation stations throughout the venue to encourage increased handwashing.
- Pre-Event Covid-19 Self Screen:
 - Do you have any of the following symptoms or conditions?
 - Fever or Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or Body Aches

- Headache
 - Recent loss of taste or smell
 - Sore throat
 - Congestion
 - Nausea or vomiting
 - Diarrhea
- Within the past 14 days, have you had contact with anyone that you know that had COVID-19 or COVID-19 like symptoms?
 - Have you had a positive COVID-19 test for active virus in the past 10 days?
 - Within the past 14 days, has a public health or medical professional told you to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection?
 - Are you ill or is someone you are caring for ill?
 - If you have one or more symptoms listed above; or answered yes to any of the above questions, please stay home and take care of yourself. You can reach out to us to arrange packet shipping or to set up picking up your packet at a later date. Thanks for doing your part to keep us all safe!

3) Staff and Volunteer Screening:

- We will only have approximately 8 staff on site for this event, and 12-15 volunteers are needed
- All staff & volunteers will have their temperature checked on site race morning.
- All staff & volunteers will be required to wear masks the entire time while on site
- Any staff or volunteers doing any tasks that will be touched by participants/others will be in gloves (we have eliminated almost all touchpoints)

4) Social Distancing Measures:

- We have large 24x36 COVID 19 signage placed throughout the venue informing folks of both the self-screen info, proper COVID-19 racing etiquette, to wear masks, socially distant, etc.
- We will have a PA system set up with constant reminders being shared about social distancing requirements, mask requirements, etc.

- Our transition & start (potentially the most congested point of race) will be very structured as shared above allowing for proper social distancing. We will put out markers 6+ feet apart to mark where folks need to stand in the parking lot prior to the race starting.
- We have ample outdoor space, and set up to allow only single flow of traffic. We have signage, and announcements to reiterate passing on the left while racing, and announce your presence starting 10ft back to limit runners racing side by side (a strict rule in triathlon racing anyways).
- Masks are required until the race starts, and immediately upon finish the race. As folks finish there is no award ceremony as we encourage folks to take a water bottle and move on from the venue.
- All of these items are reiterated on our event website, and through pre-race email communication.

5) Increased Sanitation:

- We will have multiple sanitation stations near transition, the start line, and the finish line.
- We are having multiple days of packet pick up off site to eliminate the need for a packet pick up race morning which cuts out those touch points.
- Event medals are given out in advance with the race packet instead of at the finish line.
- We will have a masked and gloved volunteer set out individual and sealed water bottles/granola bars on a table after the finish line. Participants can take their water bottle if desired.
- We will NOT be providing a water stations along the course.
- Staff will use sanitation wipes to clean door knobs/touch points on port o pots intermittingly through the morning, and while the race is taking place.

6) Compliance:

- Mask wearing is required for all staff, participants, and spectators while on site.
- Social Distancing is required for all staff, participants, and spectators while on site.
- Hand Sanitation stations are provided throughout the venue.
- We are monitoring local guidelines and implementing suggested safety measures to allow participants to stay active and connected.