



Runners' Guide

Thank you for supporting #StandUp Neshaminy's fourth SUNset Challenge sponsored by Rooney Family Embroidery and Screenprinting.

Location: Maple Point Middle School
2250 Langhorne Yardley Road
Langhorne, PA 19047

Race Date: Friday, May 10, 2024

Walk-Up Registration: 5:40 pm

Day-of Packet Pick-up: 5:40 pm

2K Race / Walk: 7:00 pm

5K Race: 7:00 pm

To ensure that all participants have a pleasant experience, we will have marshals along the courses reminding spectators to remain off of the courses until all runners/walkers have passed.

Packet Pick-up:

Participants are strongly encouraged to pick up their packets prior to race day.

Location: Neshaminy High School
Gym 1 Entrance (by Main Office)
2001 Old Lincoln Hwy
Langhorne, PA 19047

Date: Wednesday, May 8, 2024

Time: 5-7 pm

Registration:

Walk-Up Registration will occur inside of the Maple Point Cafeteria beginning at 5:40 pm. Cash or check payments will be accepted, but on-site registration will still be completed online. Checks must be made out to Neshaminy School District. Please visit www.sunsetchallenge.org for registrations prior to this time.

Start / Finish Area:

The SUNset Challenge will begin and end near the cafeteria entrance to Maple Point. Please refrain from parking behind the school as this area will be needed for our participants.

Parking:

IMPORTANT: Due to construction on the Maple Point campus, new parking procedures will be in place this year. Please watch for instructions that will be emailed to all race participants prior to race day. ***Car-pooling is strongly encouraged.***

Parking will be available in the front lot with overflow parking at Core Creek County Park across the street. Shuttle vans will be available at Core Creek.

We will have many young children on campus, therefore we ask that you kindly follow the directions given by our traffic volunteers.

- The parking lot exit leading to Woodbourne Road will be closed to outgoing traffic once the 2K has begun. Exit by way of the Langhorne-Yardley Road driveway.

No-Nos:

For your safety and for the safety of those around you, we ask that you refrain from the use of headphones while running. Due to the narrow nature of the pathway during portions of the 5K, strollers are not permitted on the course. No pets allowed, service dogs only.

Runner's Etiquette:

Stay to your right on the narrow path sections, stay single file whenever possible. At the start, seed yourself appropriately.

The 2K competitive race is designed for children in grades K-12, but adults are invited to register to run with their children. Though all participants will receive a race medal, age category and overall trophies will be awarded to children only.

Timing:

Runners in both the 2K and 5K are chip timed. Please wear your bib on the front of your body, horizontally. Do not remove the bottom tag and ***please refrain from switching from one race to another.***

Weather:

This is a rain or shine event. No cancellations, refunds or deferrals.

Course Info:**2K**

The 2K race will run concurrent to the 5K, and share the first .80 of a mile. Family and friends may view the 2K race from the edge of the (front) parking lot where you can see almost the entire course. Parents are to meet their 2K racers at the end of the finish corral, near where we are distributing finishers' medals, bottled water, and snacks. A separate concession snack stand will be available for spectators.

5K

This year's SUNset Challenge is a circular course through the Maple Point property, along a walking trail next to Langhorne-Yardley Road, through Middletown Community Park and through the neighborhood behind Maple Point back to the finish line.

Hydration Stations:

5K - Water stations will be located at intervals along the race course.

ALL PARTICIPANTS WILL BE GIVEN ONE WATER BOTTLE AFTER CROSSING THE FINISH LINE. PLEASE HELP US REMAIN GREEN AND REDUCE OUR TRASH OUTPUT BY REFILLING YOUR BOTTLES FROM THE COOLER JUGS.

Concession:

Spectators will be able to purchase snacks at our concession stand.

Medical Information:

In the case of an emergency, please dial 911. EMS Services will be on site during the race.

Awards:

A banner will be presented to the elementary school with the highest percentage of runners participating.

2K

Finisher medals for all 2K racers.

AWARDS: AGE 5&6 (M/F); AGE 7&8 (M/F); AGE 9-12 (M/F); AGE 13-18 (M/F)

5K

Finisher medals for all 5K racers.

Perpetual Trophy to the school with the fastest running average

Plaque awarded to the fastest overall male and female

Plaques awarded to the first and second place finishers in each division:

12 and Under M/F 5K

13-18 M/F 5K

19-29 M/F 5K

30-39 M/F 5K

Masters 40+ M/F 5K

COURSE MAP BELOW

We are very excited to see the Neshaminy community unite under a common goal. Please continue to share this event with your friends and family. Can't wait to see you there!

Sincerely,
SUNset Challenge Team

