

#STANDUP NESHAMINY SUNSET CHALLENGE

Main Sponsor **ROONEY FAMILY**
Screen Printing & Embroidery
www.rooneyusa.com

Runners' Guide

Thank you for all of your support of #StandUp Neshaminy's first Sunset Challenge race sponsored by Rooney Family Embroidery and Screenprinting.

Location: Maple Point Middle School
2250 Langhorne Yardley Road
Langhorne, PA 19047

Race Date: May 10th

Walk-Up Registration: 5:30-6:40pm

Packet Pick-up: 5:30-6:40pm

2K Race for K-4 Students: 6:45pm

2K Family Walk

(children and adults): 6:50pm

5K: (children and adults): 7:00pm

To ensure that all participants have a pleasant experience, we will have marshals along the courses reminding spectators to remain off of the courses until all runners/walkers have passed.

Packet Pick-up:

Participants are strongly encouraged to pick up their packets prior to race day.

Location: Neshaminy High School
Auditorium Lobby
2001 Old Lincoln Hwy
Langhorne, PA 19047

Date: Wednesday, May 8th

Time: 6-8pm

Registration:

Walk-Up Registration will occur inside of the Maple Point Cafeteria beginning at 5:30pm. Cash or Check accepted.

Checks must be made out to Neshaminy School District. Please visit runsingup.com for registrations prior to this time.

Start / Finish Area:

The Sunset Challenge will begin and end near the cafeteria entrance to Maple Point. Please refrain from parking behind the school as this area will be needed for our participants.

Parking:

Parking will be available in the front lots only. We will have many young children on campus, therefore we ask that you kindly follow the directions given by our traffic volunteers (thank you NHS Boys Varsity Basketball team).

- The parking lot exit leading to Woodbourne Road will be closed to outgoing traffic once the 2K has begun. Exit by way of the Langhorne-Yardley Road driveway.

No-Nos:

For your safety and for the safety of those around you, we ask that you refrain from the use of headphones while running. Due to the narrow nature during portions of the 5K, strollers are not permitted on the course. No pets allowed, service dogs only.

Runner's Etiquette:

Stay to your right on the narrow path sections, stay single file since it is an out and back race. At the start, seed yourself appropriately.

The 2K competitive race is designed for elementary children only. Adults are not permitted to run.

Timing:

Kids 2K and 5K are chip timed. Please wear your bib on the front of your body, horizontally. Do not remove the bottom tag. Results on <https://www.runbucks.com/> by 11:00pm.

Weather:

This is a rain or shine event. No cancellations, refunds or deferrals.

Course Info:**2K**

Both 2K events will occur on grassy surfaces that may be soft and/or wet due to weather conditions. The Children's 2K run is for kids only. Family and friends may spectate from the edge of the (front) parking lot where you can see almost the entire course. Parents are to meet their 2K racers at the end of the finish corral, near where we are distributing finisher's medals and bottles of water. From here, participants will enter the cafeteria. Race bibs will be marked, and participants will be offered a snack. A concession stand will be available for spectators.

5K

This year's Sunset Challenge is an out and back course. The turn around will occur shortly after you cross over the footbridge upon entering Community Park. There will be a lead bike for the 5K.

Hydration Stations:

5K- Water stations will be located at 11 Teal Drive (at approximately the 1.2 mile mark AND AGAIN ON THE WAY BACK at about the 1.85 mile mark) and at the finish line.

ALL PARTICIPANTS WILL BE GIVEN ONE WATER BOTTLE AFTER CROSSING THE FINISH LINE. PLEASE HELP US REMAIN GREEN AND REDUCE OUR TRASH OUTPUT BY REFILLING YOUR BOTTLES FROM THE COOLER JUGS LOCATED IN THE CAFETERIA.

Concession:

Spectators will be able to purchase snack at our concession stand.

Medical Information:

Prior to the race, please add 215-802-2622 to your contacts as runBUCKS Emergency Medical

In the case of an emergency, please dial this number so that we can get the on-site first responders to you ASAP.

Awards:

Banners for the top elementary and middle schools with the highest percentage of runners.

2K

Finisher medals for all 2K racers and 2K children walkers.

Trophies awarded to the first place overall male and female runners

Plaques awarded to the second and third place overall male and female racers

5K

Perpetual Trophy to the school with the fastest running average

Trophies awarded to the fastest overall male and female

Plaques awarded to the second place finishers in each division

18 & Under M/F 1/2 5K

19-29 M/F 1/2 5K

30-39 M/F 1/2 5K

Masters M/F 1/2 5K

We are very excited to see the Neshaminy community unite under a common goal. Please continue to share this event with your friends and family. Can't wait to see you there!

Thanks,

SUNset Challenge Team

See below for for a list of our amazing sponsors who helped to make this event possible.

STANDUP NESHAMINY SUNSET CHALLENGE

Thank you to all our sponsors!

ROONEY FAMILY
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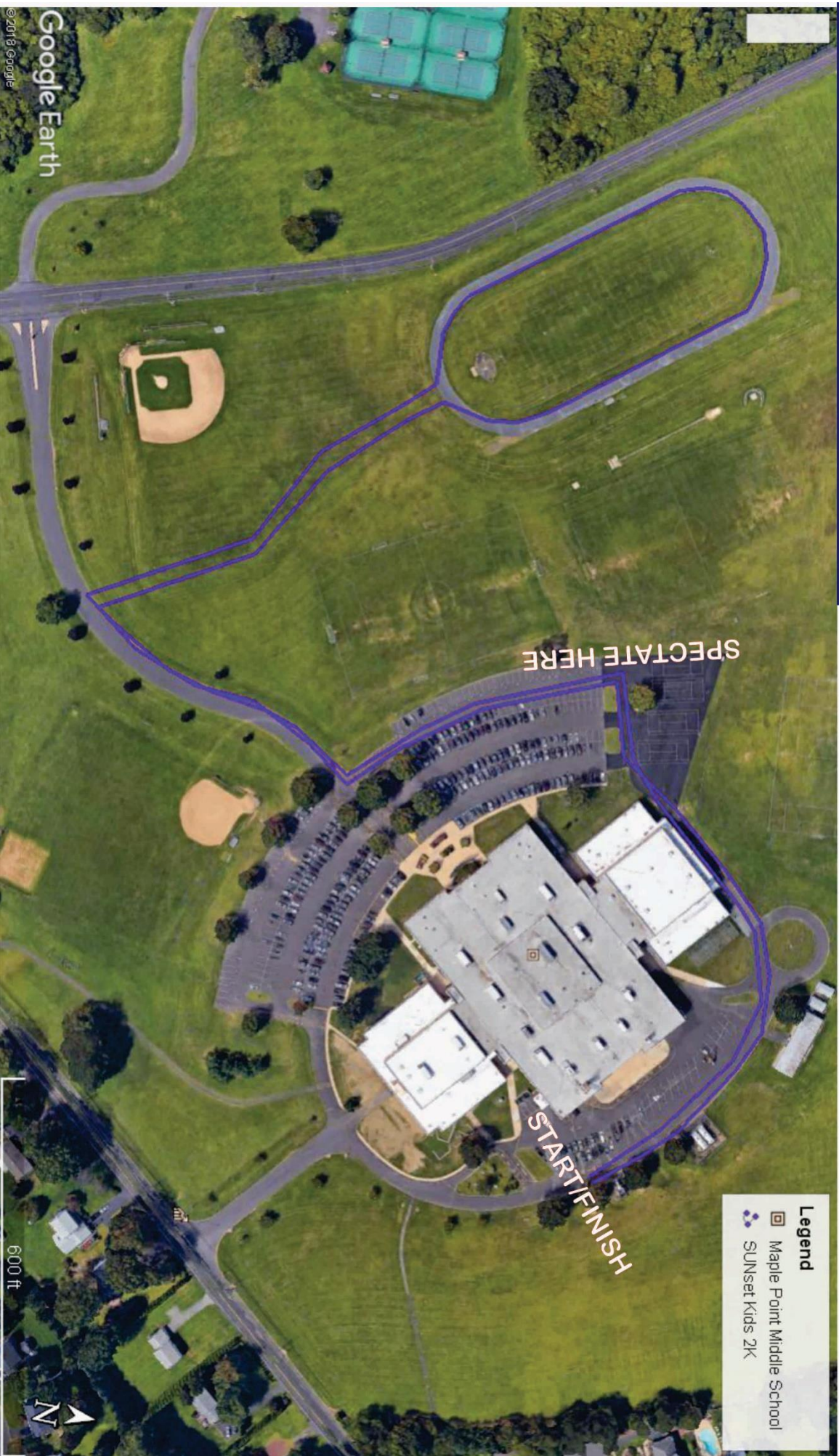
Banyan Treatment Center

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#STANDUP
#NESHAMINY
SUNSET
CHALLENGE

2K COURSE





#STANDUP
NESHAMINY
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1 mile - 2525 Teal

Two Miles

Water Station

turn around

START/FINISH

Google Earth

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5K COURSE