



Home Town Heroes 5K

Saturday, May 28th, 2022

7 AM - Start

Fred Poppe Regional Park

1951 Malabar Road, Palm Bay

RACE MANAGEMENT BY



Race Amenities:

- Awesome Tech Performance shirt (guaranteed shirt size by 05/01/2022, otherwise while supplies last)
- Unique individual awards
- Free Kids Run after the race
- Post race food and other refreshments
- Raffle Prizes

Awards:

Top 3 Overall M & F, Top Masters (40+) and Age Groups (Top 3 M & F):

8 & Under	9-11	12-14	15-19
20-24	25-29	30-34	35-39
40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79
80+			

Team award for Fastest Military/First Responder Team
(*must be a minimum of 5, one member must be of the opposite sex)

Timetable:

Friday, May 27th, 2022 – Running Zone

(3696 N. Wickham Rd., Melbourne)

10:00 AM – 6:30 PM - Packet Pickup & Registration

Saturday, May 28th, 2022 – Fred Poppe Regional Park

1951 Malabar Road, Palm Bay, FL

6:00 AM Packet Pickup & Registration Opens

6:45 AM Late Registration Ends

7:00 AM 5K Start!

****Awards Ceremony immediately following race**

Fees:

	Through 5/27	Race Day
Individual - Adult	\$25	\$30
Individual - Student	\$15	\$20
Individual – Military (Active Duty, Veteran, Reserves)/First Responder	\$20	\$20
Team - Military/First Responder	\$20	\$25

SORRY, NO REFUNDS.

Hometown Heroes 5K OFFICIAL ENTRY FORM

Send completed entry form with fee to: Running Zone – 3696 N. Wickham Rd. Melbourne, FL 32935

Make check payable to: Starting Point Sports

First _____ Last _____

Sex: ☐ Male ☐ Female Date of Birth _____/_____/_____ Age on Race Day _____

Email address _____ Phone _____

Address _____ City _____ State _____ Zip _____

Shirt Size: ☐ Youth Medium ☐ Youth Large ☐ XS ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Team Name: _____

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. As it applies to my participation in this race, I agree to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this race for my participation in this race. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes. This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is non-refundable and bib numbers are non transferable. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

SIGNATURE

SIGNATURE OF PARENT FOR THOSE UNDER 18

DATE