

## Event Details

**Event Date:** May 18, 2019 (rain, snow, or shine)

**Start/Finish:** The Green

Maple Street, Montrose, PA 18801

**Schedule:** 9:00 to 9:50 am – Registration

9:30 am – Fun Run

10:00 am – Race Start

Awards to follow 5k

**5k age groups:** 11 and under

12 to 19    20 to 29    30 to 39

40 to 49    50 to 59    60 and over

**Awards – 5k:** Top overall Male/ Female

Top 2 male and female for  
each age group

**Awards – fun run:** Awards for all finishers

**Results:** [www.runsignup.com](http://www.runsignup.com)

**Contact:** Jennifer Weller

[button-wellerdc@hotmail.com](mailto:button-wellerdc@hotmail.com)

(570)279-1250 (cell)

### Amenities:

COMPLIMENTARY 10 MINUTE MASSAGE BEFORE  
AND AFTER THE RACE FOR PARTICIPANTS

Restrooms (port a johns)

Free Fun Run registration (donations welcome)

Race t-shirts for all participants while supplies last

Refreshments

Vendors, Food, Bounce House for the kids

## RUN FOR LIFE PARTICIPANT REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Age (as of 5/18/19): \_\_\_\_\_

Gender: Male  Female

Shirt size: S    M    L    XL (circle one)

Registering for: (circle one)    **5k**    **Fun Run**

**Entry Fees(Received):** Before 5/10    5/10 and after

5k    \$20.00    \$25.00

Fun Run (No shirt)    FREE    FREE

(DONATIONS WELCOME)

**Make checks payable to: Run for Life  
Mail Registration Form with payment to:**

Run for Life c/o Jennifer Weller

418 Lake Avenue

Montrose, Pa 18801

**Online Registration at:** [www.runsignup.com](http://www.runsignup.com)

(Registration closes at midnight on 5/17/18, nominal service  
charge applies)

## LIABILITY WAIVER

Must be signed to participate in Run for Life

WAIVER/RELEASE: I for myself, and/or the child, recognize that running a road race is a potentially hazardous activity. I have read the race information and am familiar with the course, procedures, and rules. I should not enter and run unless I am medically able and properly trained. I certify that I am physically able to participate in this event and agree to abide by any decision of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow, and/or ice, high heat and/or humidity, traffic and the conditions of the roads/walks/paths, I recognize and understand the aforementioned risks. Contingent upon Event Management's acceptance of my registration; having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf and by exercising my power of attorney over myself and/or the child, do hereby release and discharge Run for Life and Chocolate and Wine Festival, the organizers, hosts, and sponsors of Run for Life and the Chocolate and Wine Festival, their directors, officers, staff, and volunteers, the borough of Montrose demands, actions, liability and whatsoever, in any manner arising or growing out of my participation, and/or that of my child, in this event including liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, use of my name or any other record of this event for any legitimate purpose.

**I UNDERSTAND AND ACCEPT THERE ARE NO  
REFUNDS FOR THIS EVENT.**

**Note: Volunteers will be on hand to guide  
participants, but roads will be open to traffic.**

**I have read and understand the above waiver.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature if under 18 years:

\_\_\_\_\_ Date: \_\_\_\_\_

