



# 23rd Annual Dewey Beach Sprint Triathlon

## Saturday, September 14, 2019

Delaware Seashore State Park (Ocean Side), Tower Road, Rehoboth Beach, DE 19971

Sign up at [https://www.trisignup.com/Race/DE/RehobothBeach/DeweyBeachSprint Triathlon](https://www.trisignup.com/Race/DE/RehobothBeach/DeweyBeachSprint%20Triathlon)

**SIGN UP BEFORE JULY 31, 2019 AND SAVE \$5 ON ANY EVENT**



### **TRIATHLON \$100**

As always the feature event will be the triathlon, a 1/2 mile ocean swim, 15 mile bike and 3.5 mile run.

### **TRIATHLON RELAY \$65 3-PERSON \$97.50 2-PERSON**

Want to enjoy the beautiful Dewey Beach Triathlon with your friends? Join a relay team for three times the fun!

### **DUATHLON \$100**

Athletes will have the option to race a duathlon as a 1/2 mile beach run, 15 mile bike and 3.5 mile run.

### **AQUABIKE \$90**

For those looking to race and not wanting to run you can elect to race in the Aquabike division which features a 1/2 mile swim and a 15 mile bike.



### **Pathways To Success Mission**

Pathways to Success mission is to prepare youth, adults, and their families for successful lives. We utilize innovative and creative approaches in mentoring and education to help individuals develop to be healthy, productive, contributing and responsible citizens. Working in service to the at-risk communities in a spirit of offering hope through education and information, creating positive systemic change through empowerment. To learn more: [www.pathways-2-success.org](http://www.pathways-2-success.org)



### **United Through Sport Mission**

United Through Sport is focused on working with kids from disadvantaged backgrounds using the power of sport to improve education, raise health awareness and build life-skills.

To learn more: [www.unitedthroughsport.org/us](http://www.unitedthroughsport.org/us)

