GREATER MIDLAND RACES 2019

RUNNER INFO

RUN THE RIVER

□ 5K Run

□ 5K Walk

FRIDAY, AUGUST 2

□ VOLUNTEER #40808A

#40805A

#40805B

LAST NAME	FIRST NAME		MI		_	
BIRTH DATE (MM/DD/YY)		AGE	MAL	.EFEN	MALE	
PHONE	EMAIL ADDR	ESS				_
STREET ADDRESS						_
CITY	STATE	ZIP		SHIRT SIZE		
EMERGENCY CONTACT		PHONE_				
FAMILY REGISTRATION ————————————————————————————————————						
MEMBER #2 NAME	BIRTH DATE	GENDER	SHIRT SIZE_	RACE #		_
MEMBER #3 NAME	BIRTH DATE	GENDER	SHIRT SIZE_	RACE #		_
MEMBER #4 NAME	BIRTH DATE	GENDER	SHIRT SIZE_	RACE #		_
MEMBER #5 NAME	BIRTH DATE	GENDER	SHIRT SIZE	RACE #		_
I'd like to send a child to SUMMER CAN	IP by making an addit	ional tax deductible	e donation: \$	5\$10	\$25Othe	r
RACES Please check all event(s) in which you w	ill bo					
BE GREATER INDOOR TRI*						
SUNDAY, FEBRUARY 17	DOW RUNWALK SATURDAY, JUN	_		TRI-KIDS-TRY SATURDAY, JU	ILY 20	
AGE 19+ (20 minutes each discipline)	□ VOLUNTEER			FRIDAY, JULY 1		
□ 8:25 AM #20500B		#40500C		NEW MINI TKT		50)
□ 8:50 AM #20500C	□ 5K Run	#40505C		□ AGE 3-5	#40902M (\$2))
AGE 13-18	□ 5K Walk	#40510C		SATURDAY, JUI	I V 20	
□ 9:40 AM #20500E (AGE 13-14)		5-14) #40520C (\$	5)	TKT AGE 6-15	<u> </u>	
*10 minutes each discipline	,	.5+) #40520D FF	•	□ AGE 6-7	#40900P	
□ 9:55 AM #20500F (AGE 15-16) *15 minutes each discipline	,	3-5) #40525C (\$		□ AGE 8-9	#40900Q	
□ 10:15 AM #20500G (AGE 17-18)	□ TOUTIOU (AGE	3-5) #40525C (\$	(2)	□ AGE 10-11 i	#40900R	
*20 minutes each discipline	□ Half Maratho	n Run #40530A		□ AGE 12-13 i		
·		n Walk #40530B		□ AGE 14-15 #		
TEAM RELAY* (20 minutes each discipline)	**4 HOUR TI			 Open Division 		
□ 9:15 AM #20501A	41100K 11			 Open Division 	on 12-15 #40)900V
*2-3 team members completing TRI	 Family Regist 	ration #40528C		□ VOLUNTEER	#40	930A
DIVE AND DASH	RunWalk Cha	llenge Team Mem	ber?	##MIDI	AND TOIDI C	EI/
□ 10:40 AM #20503A (AGE 6-7) *4 min swim / 8 min run	Team Name				AND TRIPLE	on
□ 10:50 AM #20503B (AGE 8-9)					articipate! Regis	ter with
*6 min swim / 12 min run	LOONS PENNAI	NT RACE			d one payment f	
□ 11:00 AM #20503C (AGE 10-12)	FRIDAY, AUGUS				un or 5K Walk). ou will receive a	
*8 min swim / 16 min run	□ VOLUNTEER	#30535V			4 zip pullover f	
*Part of the Tri-Cities Tri Series	□ 5K Run	#30505C			(presented at	

□ 5K Walk

#30510C

□ 1 Mile Fun Run (AGE 5-14) #30520C

□ 1 Mile Fun Run (AGE 15+) #30520D

Extra Game Day Tickets ___ @ \$7 each = _____

also be eligible for great swag giveaways!

Sign me up!

□ #40802A 5K RUN □ #40802B **5K WALK**

CONTINUE TO PAYMENT ON BACK

PRICING / ENTRY FEES

BE GREATER INDOOR TRI: SUNDAY, FEBRUARY 17

ALL EVENTS	THRU 1/15	1/16-2/16	2/17
INDOOR TRI (AGE 13+)	\$20	\$25	\$30
TEAM RELAY	\$30	\$35	\$40
DIVE AND DASH (AGE 6-12)	\$15	\$15	\$15

DOW RUNWALK: SATURDAY, JUNE 1

ALL EVENTS	THRU 3/31	4/1-4/30	5/1-5/30	5/31-6/1
INDIVIDUAL	\$25	\$28	\$32	\$37
FAMILY*	\$75	\$80	\$90	\$99
½ MARATHON**	\$38	\$43	\$52	\$57
1 MILE RUN (AGE 5-14)	\$5	\$5	\$5	\$5
TOT TROT (AGE 3-5)	\$2	\$2	\$2	\$2

^{*}All must be dependents of the same household.

TRI-KIDS-TRY: SATURDAY. JULY 20

ALL EVENTS	THRU 5/31	6/1-7/14	7/15-7/20
YOUTH	\$27	\$37	\$42
MINI TKT (AGE 3-5)	\$2	\$2	\$2

ADDITIONAL TRIATHLON TRAINING OPPORTUNITIES

- KIDS DIVE & DASH: FEBRUARY 17
- BE GREATER KIDS TRIATHLON CAMP: JULY 15-19

TOTAL PAYMENT

ENTRY FEE(S)	\$
DISCOUNT PRICING	\$
2XL SHIRT FEE (+\$2)	\$
EXTRA LOONS TICKETS (\$7 e	each) \$
TAX DEDUCTIBLE DONATION	\$
TOTAL DUE U.S. funds only. No refunds. N	\$ on-transferable.

MAKE CHECK PAYABLE TO: GMCC

MAIL TO: GREATER MIDLAND COMMUNITY CENTER RACES
2205 JEFFERSON AVE / MIDLAND MI 48640

RUN THE RIVER: FRIDAY, AUGUST 2

ALL EVENTS	THRU 3/31	4/1-5/31	6/1-8/1	8/2
INDIVIDUAL (13+)	\$23	\$28	\$32	\$37

LOONS PENNANT RACE: FRIDAY, AUGUST 23

ALL EVENTS	THRU 3/31	4/1-6/30	7/1-8/21	8/22-8/23
5K RUN OR WALK	\$30	\$33	\$36	\$40
1 MILE FUN RUN ALL AGES	\$15	\$15	\$15	\$20

**MIDLAND TRIPLE 5K CHALLENGE **Includes the 5K Run or 5K

INCLUDES ALL 3 RACES	THRU 4/30	5/1-6/1
INDIVIDUAL	\$99	\$105

**Includes the 5K Run or 5K Walk events at Dow RunWalk, Run the River & Loons Pennant; plus the Challenge Medal & ½ zip pullover upon completion of all 3 races!

T-SHIRT SIZES: CIRCLE ONE

YOUTH	2-4 (XS)	6-8 (S)	10-12 (M)	14-16 (L)	
ADULT	S	М	L	XL	2XL (ADD \$2)

- *T-shirt not guaranteed within 7 days of race
- **Youth XS ONLY AVAILABLE for TOT TROT at Dow RunWalk

CREDIT CARD INFO:	☐ MasterCard	□ Visa
Name		
Card #		
Exp Date	CVV C0	DDE
(Signature)		
*IF PAYMENT IS DENIE	ED; THERE WILL BE .	A \$15 FEE CHARGED

FINAL STEP

I know that running or working in a road race event is a potentially dangerous activity. I should not participate or volunteer to work unless I am medically able and properly trained. I agree to abide by any and all decisions of any race official relative to my ability to safely participate in the Dow RunWalk, Tri-Kids-Try, Run the River and Great Lakes Loons Pennant Race. I assume all risks associated with my participation (or that of any of my children) in this event including, but not limited to; death, falls, contact with other participants, volunteers, spectators, producers of this event, the effects of weather (including high heat and/or humidity), traffic and all road conditions, all such risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release; Greater Midland Community Center, City of Midland/Midland County, The Dow Chemical Company, Great Lakes Loons, all race directors, officials and volunteers, all associated sponsors, their representatives and successors, vendors and companies supporting this event from all claims and liabilities of any kind arising out of my participation in any of these events. I further agree that Greater Midland Community Center may use for publicity and/or promotional purposes, without any obligation or liability to me, my name and any picture of my participation in any of these races. *I undestand that all entry fees are non-refundable*.

PARTICIPANT/GUARDIAN SIGNATURE_	
DATE	

HOW DID YOU HEAR ABOUT OUR RACES?						
Friend	Print Ad Other:					
Online Ad	Greater Midland Staff					
☐ Email	☐ Search (Google etc)					
Facebook/ Twitter	Radio Employer					



^{**}Half Marathon not included in Family Fee. 4 HR TIME LIMIT