

Athlete Guide

Race Schedule

Thursday, November 19th 2026

- 4:00 pm - 6:00 pm Early Packet Pickup at Fleet Feet Greensboro, 3731 Lawndale Dr, Greensboro

Friday, November 20th 2026

- 2:00 pm - 6:30 pm Early Packet Pickup at Fleet Feet Greensboro, 3731 Lawndale Dr, Greensboro

Saturday, November 21st 2026

- **There will be no race day packet pick-up**
- 8:00 am - One Mile Fun Run Start
- 8:30 am - Half Marathon Start
    i. Wave #1 - 8:30am - Ainsley Angels
    ii. Wave #2 - 8:32am - Half Marathon Start
- 8:40 am - 5K Start
    i. Wave #1 - 8:40am - Ainsley Angels
    ii. Wave #2 - 8:42am - 5k Start
- 11:45 am - Course closes

Fleet Feet Bag Check

- As with all of our series races, if you have extra gear you want held for you during the race, just look for the Fleet Feet tent. They will grab your gear, write down your bib number and get you your stuff back right after the race!!

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Parking

- There are plenty of metered and not metered parking spots in downtown Greensboro.
- The Guilford County Schools lot 2 blocks North of the race site is also a great location to park on Saturday morning.
- On the next page are maps showing the on street parking and Guilford County Schools lots.
- There are also parking decks a quarter mile from the race site. Please see the link: https://www.greensboro-nc.gov/home/showdocument?id=1477
- DO NOT: Please do not park on the course as this will narrow the area that we have for runners. Also *DO NOT PARK AT DEEP ROOTS or Sage Mule* This is an awesome local business next to our race site that will be open for business, but they need their parking. If you have been found to park in their lot illegally you may be disqualified from the race.

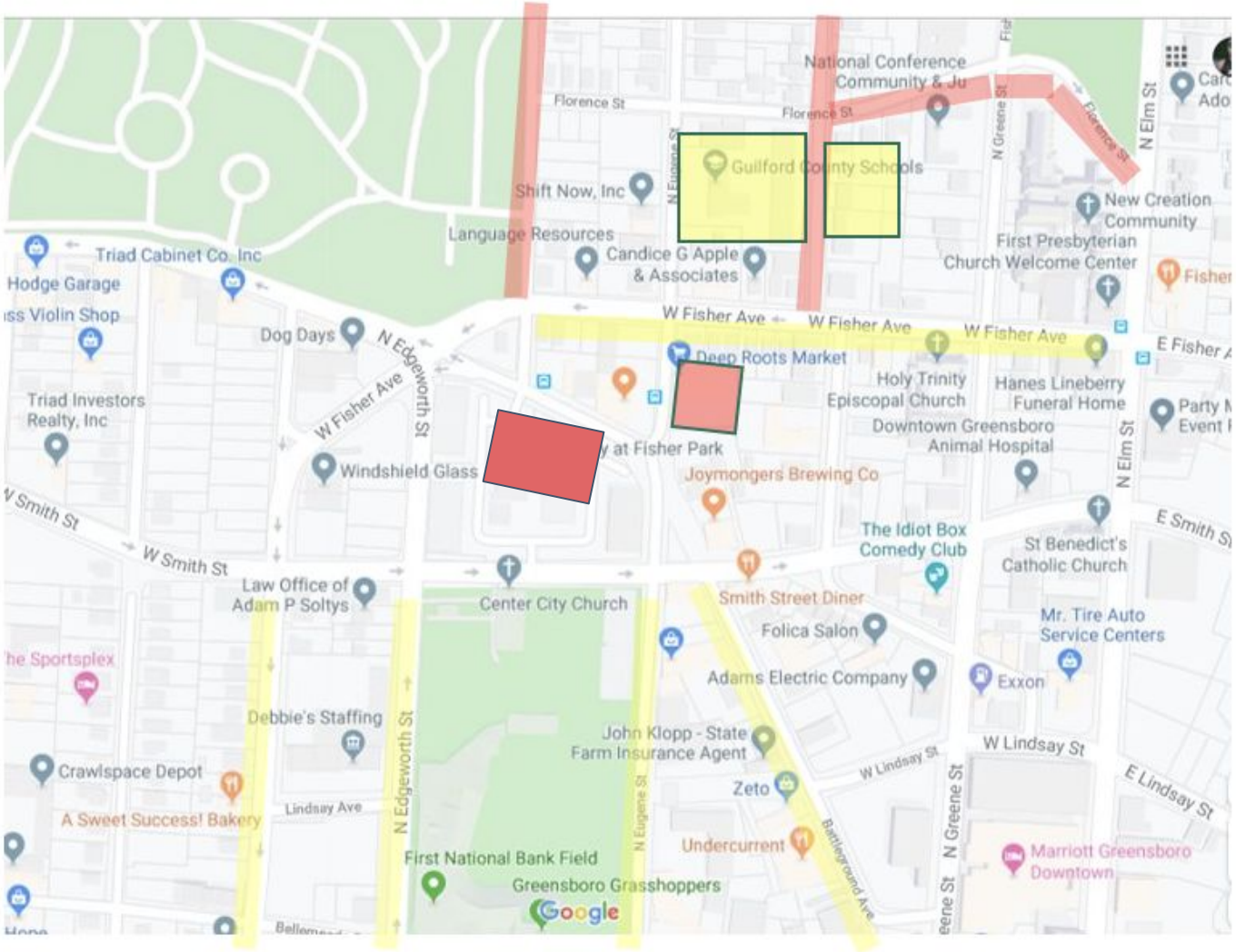
Parking

No parking at Deep Roots Market or Greenway at Fisher Park Apartment complex. Vehicles may be towed at owner's expense.

= parking lot

= Parking on streets

= No Parking



A note on Running Etiquette and Headphones

- **Headphones:**

This course is a two loop course with multiple narrow(ish) bridges. If you choose to wear headphones **ALWAYS** have one ear free of noise to be able to hear runners coming up behind you. If you continue to block the route you may be pulled from the course

- **Passing:**

When possible announce that you are passing. When you are not passing please stay to the right. On Greenways, always leave room for other athletes to pass you.

Half Marathon Pacers

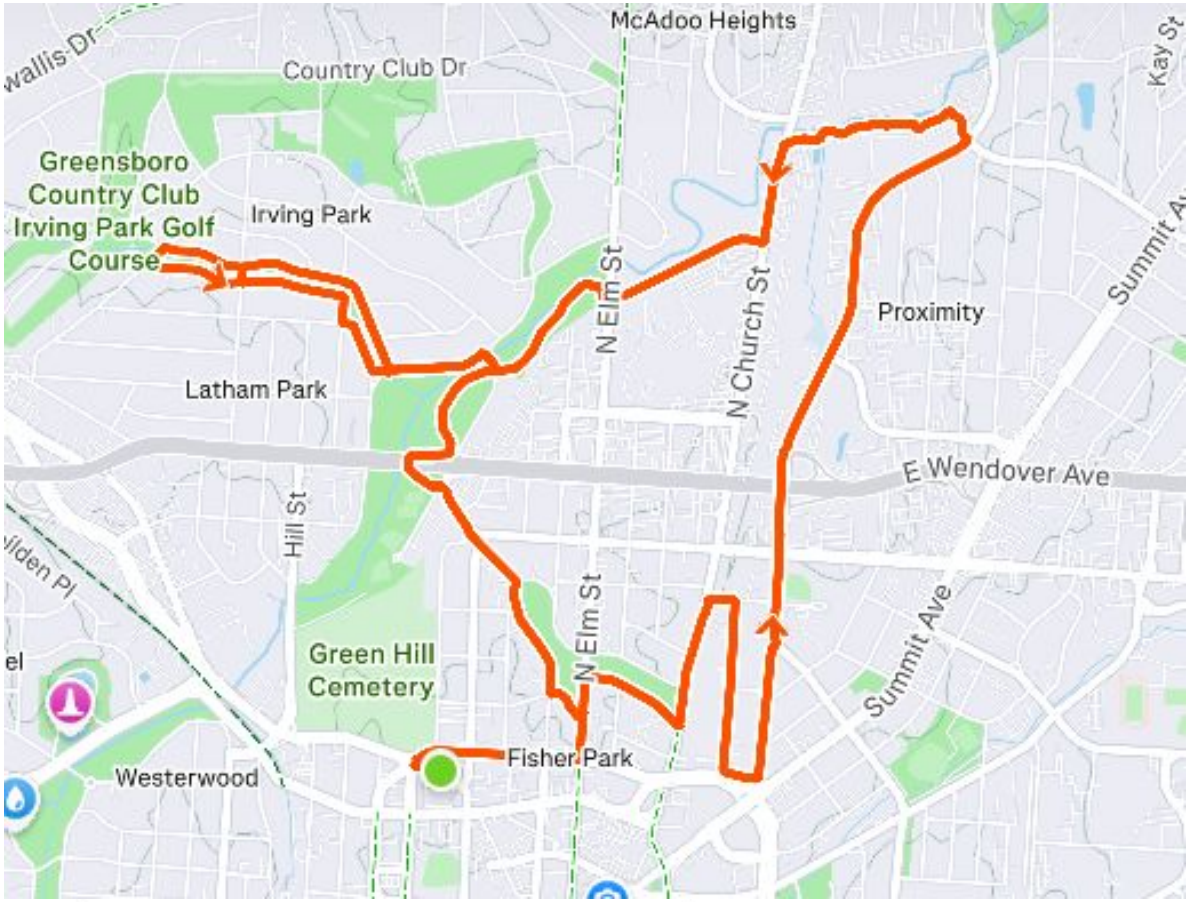
Our 2026 Greensboro Half Marathon Pacers are running to help you meet your race day goal!

Pacers will be wearing yellow pacer shirts and carrying pace signs. Find your pace goal sign when lining up for the start and stay with the pacer to meet your time goal.

2026 Half Marathon Pacer Times:

- 1:30 (6:50/mile)
- 1:40 (7:38/mile)
- 1:50 (8:23/mile)
- 2:00 (9:09/mile)
- 2:15 (10:18/mile)
- 2:30 (11:27/mile)
- 2:45 (12:35/mile)
- 3:00 (13:44/mile)
- 3:15 (14:50/mile)(Sweeper at the cutoff time)

The Greensboro Half Marathon, 5K and 1 Mile!

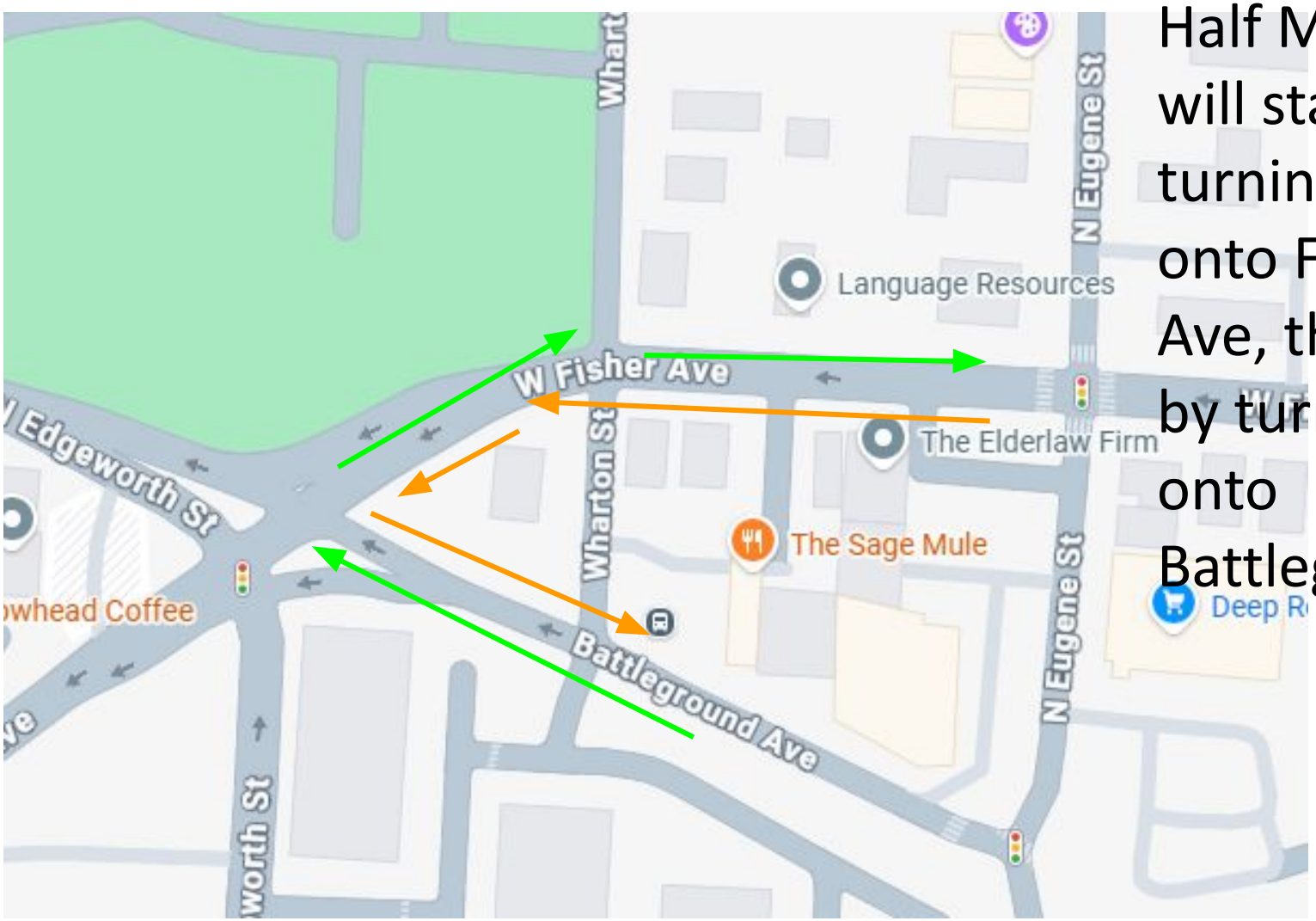




Half Marathon Turn by Turn Directions

Start on Battleground Ave
Right onto Fisher Ave
Left onto Elm St
Right onto S Park Dr
Left onto N Church St
Right onto E Hendrix St
Right onto Chestnut St
Left onto Heritage Place
Left onto Percy St
Left onto Yanceyville St
Left onto Textile Dr
Left onto Sidewalk
Left onto N Church St
Right onto Tankersley Dr
Straight onto Latham Park Greenway
Right onto Cridland Rd
Left onto Latham Rd
Right onto Nottingham Rd
*1st lap Left onto Dover/2nd lap Left onto Cleburne
Left onto Blair St
Right onto Briarcliff Rd
Left onto Hammel
Left onto Latham Rd
Right onto Cridland Rd
Right onto Latham Park Greenway
Right onto Cridland Rd
Right onto Parkway Ave
Right onto Fisher Park Circle
Left onto Florence St
Left onto Elm St
Repeat for 2nd lap then finish by
Right onto Elm St
Right onto Fisher Ave
Left onto Battleground Ave
Left onto Battleground to FINISH LINE

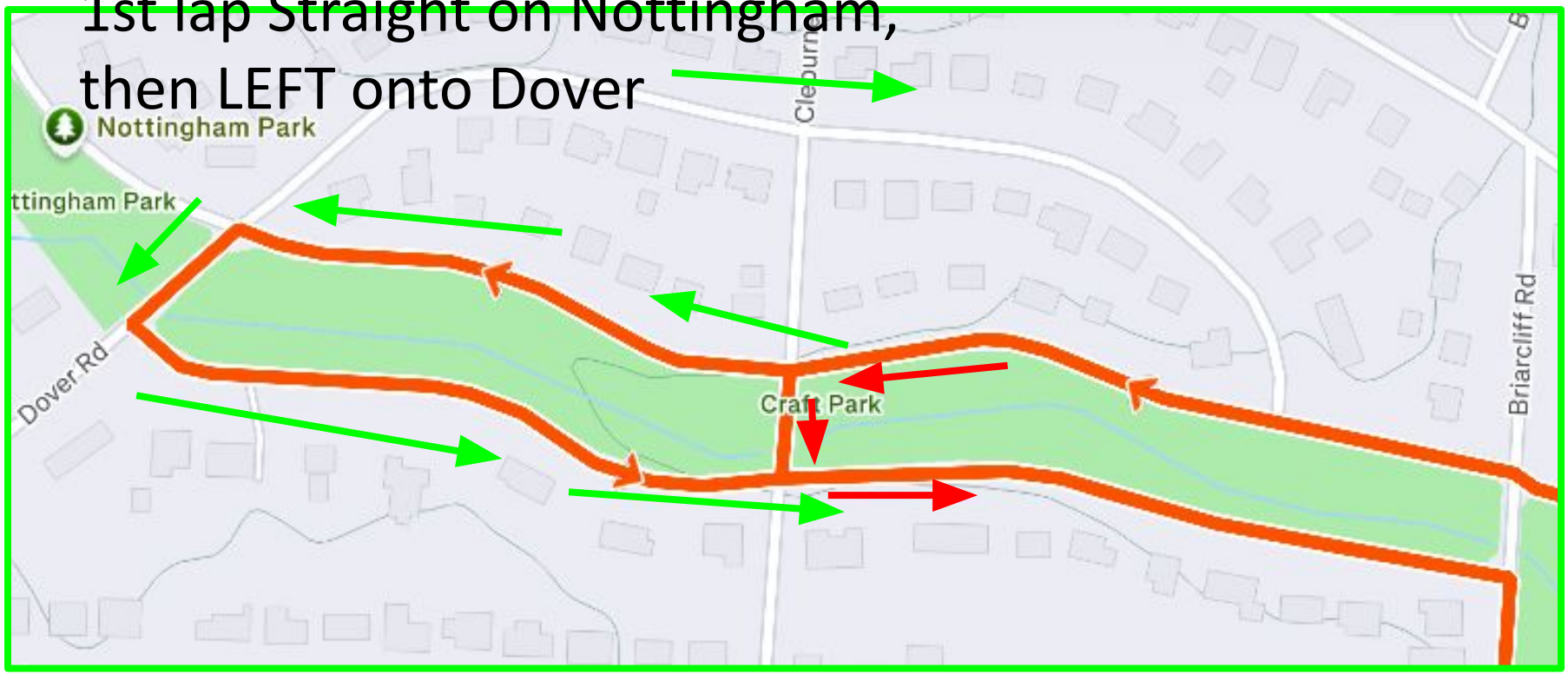
Half Marathon Course Update



Half Marathon will start by turning RIGHT onto Fisher Ave, then finish by turning LEFT onto Battleground.

Half Marathon Course Update

1st lap Straight on Nottingham,
then LEFT onto Dover



2nd Lap Left onto Cleburne

Half Marathon Aid Stations

Half Marathon
Mile 1.8: Water and Tailwind Hydration
Mile 3.95: Water and Tailwind Hydration
Mile 5.4: Water and Tailwind Hydration
Mile 6.75: Water and Huma Gels
Mile 8.4: Water and Tailwind Hydration
Mile 10.5: Water and Tailwind Hydration
Mile 11.5: Water and Tailwind Hydration
Mile 12.7: Water and Tailwind Hydration

Port O John Locations

Port O John Location
Location #1 – Starting Line
Location #2 –Mile 3.3/Mile 9.5 N Church & Greenway
Location #3 – Mile 4.75/Mile 10.8 Latham Greenway at Cridland
Location #4 – Mile #5.4/Mile #11.5 Blair & Cleburne St
Location #5- Mile 6.7/12.6 - Parkway & Fisher Park Circle

Timing Points

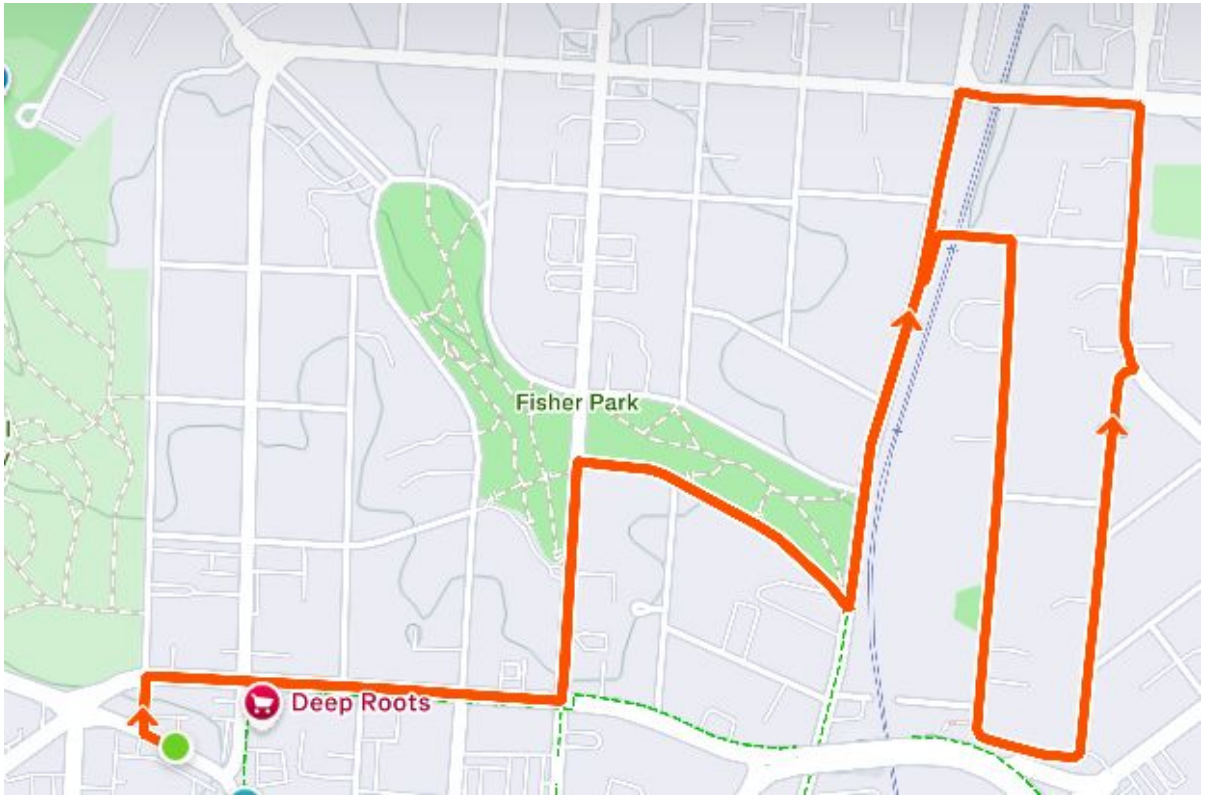
- For the Half Marathon there are 7 timing points on the course. Many of these are not round numbers because it is a two loop course, and these timing points are used to ensure each athlete completes the USATF certified course correctly.

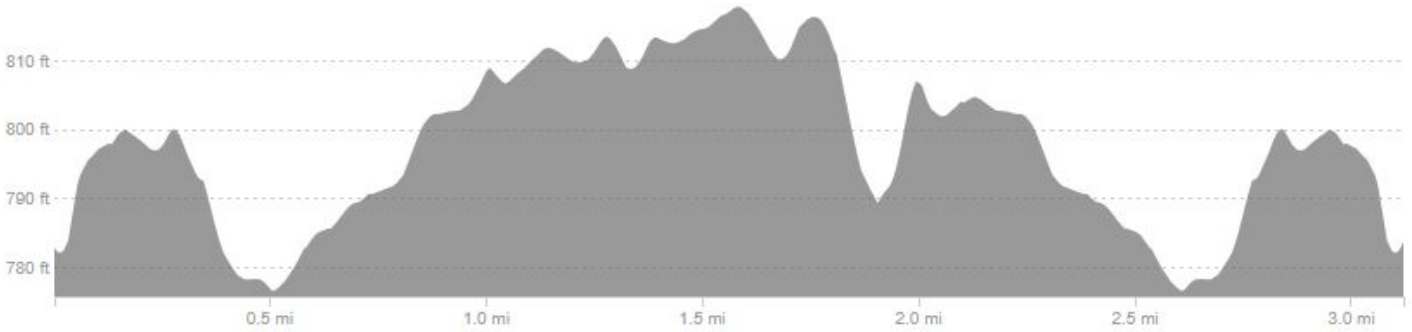
    - Start Time
    - Mile 3
    - Mile 5.5
    - Mile 6.5
    - Mile 9.5
    - Mile 11.75
    - Mile 13
    - Finish Time
- Timing Point locations may be updated closer to race day.

Course Cutoffs

- This event has a 3 hour and 15 minute cutoff for the Half Marathon and a 3 hour 3 minute cutoff for the 5K. At any point after the halfway point you can be asked to move to the sidewalks or pulled from the course if you fall drastically behind the course cutoff pace. There will be hard cutoffs at the start of the 2nd loop (mile 6.9) and at the 11.75 mile timing point. Those cutoff times will be:
  - **Halfway – 10:09 AM**
  - **11.75 miles – 11:14 AM**

5K Course Map & Elevation





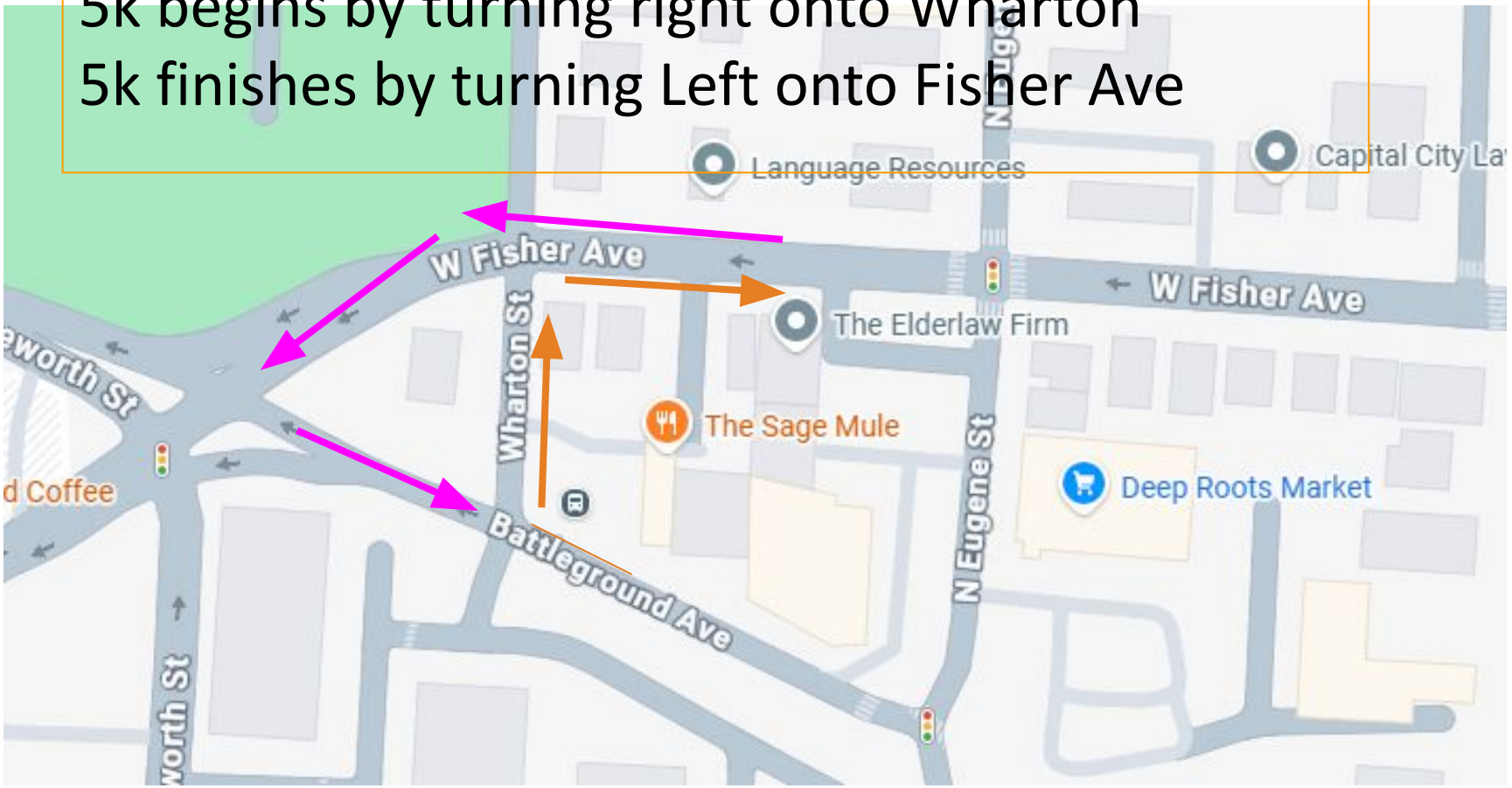
5k Course Turn by Turn Directions

Start on Battleground
Right onto Wharton
Right onto Fisher Ave
Left onto N Elm St
Right onto S Park Dr
Left onto N Church St
Right onto Hendrix St
Right onto Chestnut St
Left onto Heritage Place
Left onto Percy St
Left onto Yanceyville St
Left onto E Bessemer Ave
Left onto N Church St
Right onto S Park Dr
Left onto N Elm St
Right onto Fisher Ave
Left onto Fisher Ave
Left onto Battleground Ave
Straight to Finish!

Please note the strava and racejoy do not reflect the end change of turning left onto Fisher Ave.

5k Course Start & Finish Update

5k begins by turning right onto Wharton
5k finishes by turning Left onto Fisher Ave

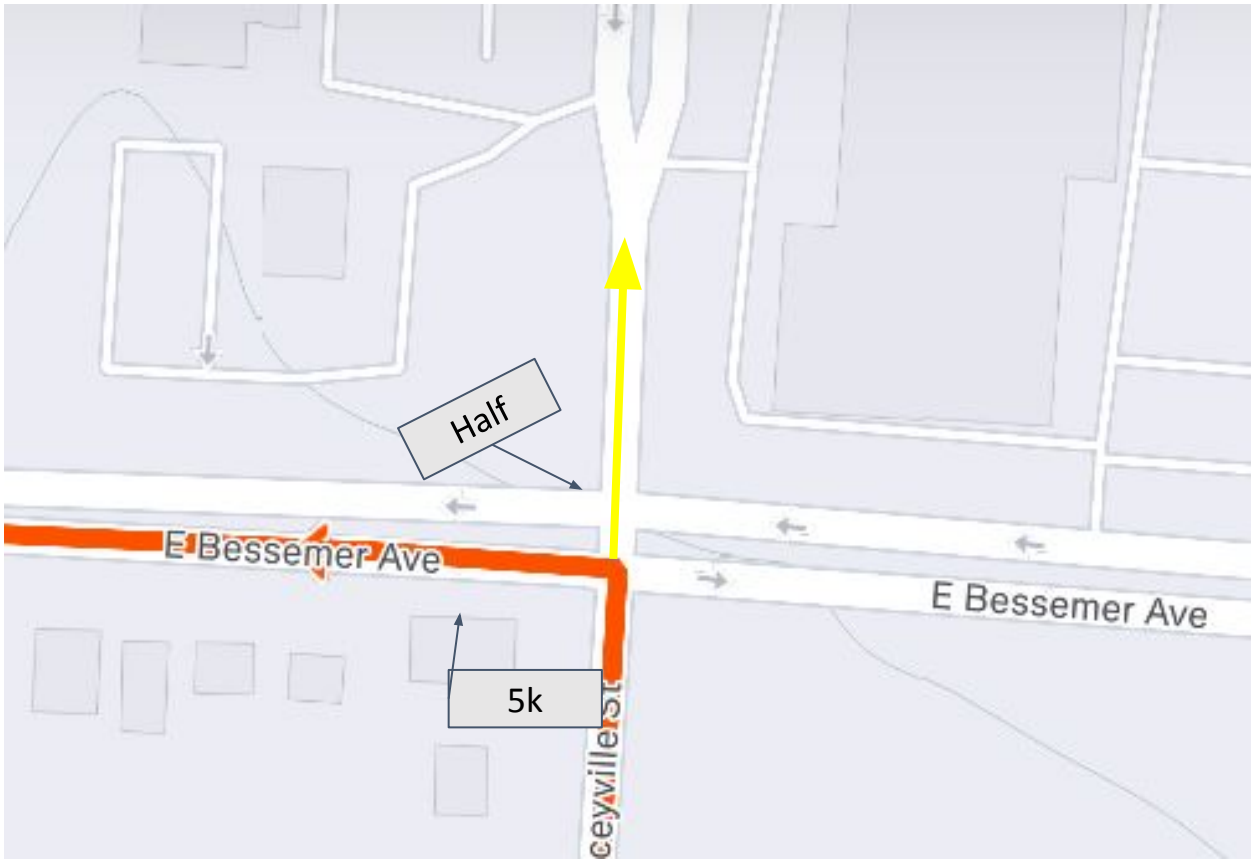


5K Aid Station

Aid Stations 5K
Mile 1.5: Water and Tailwind Hydration

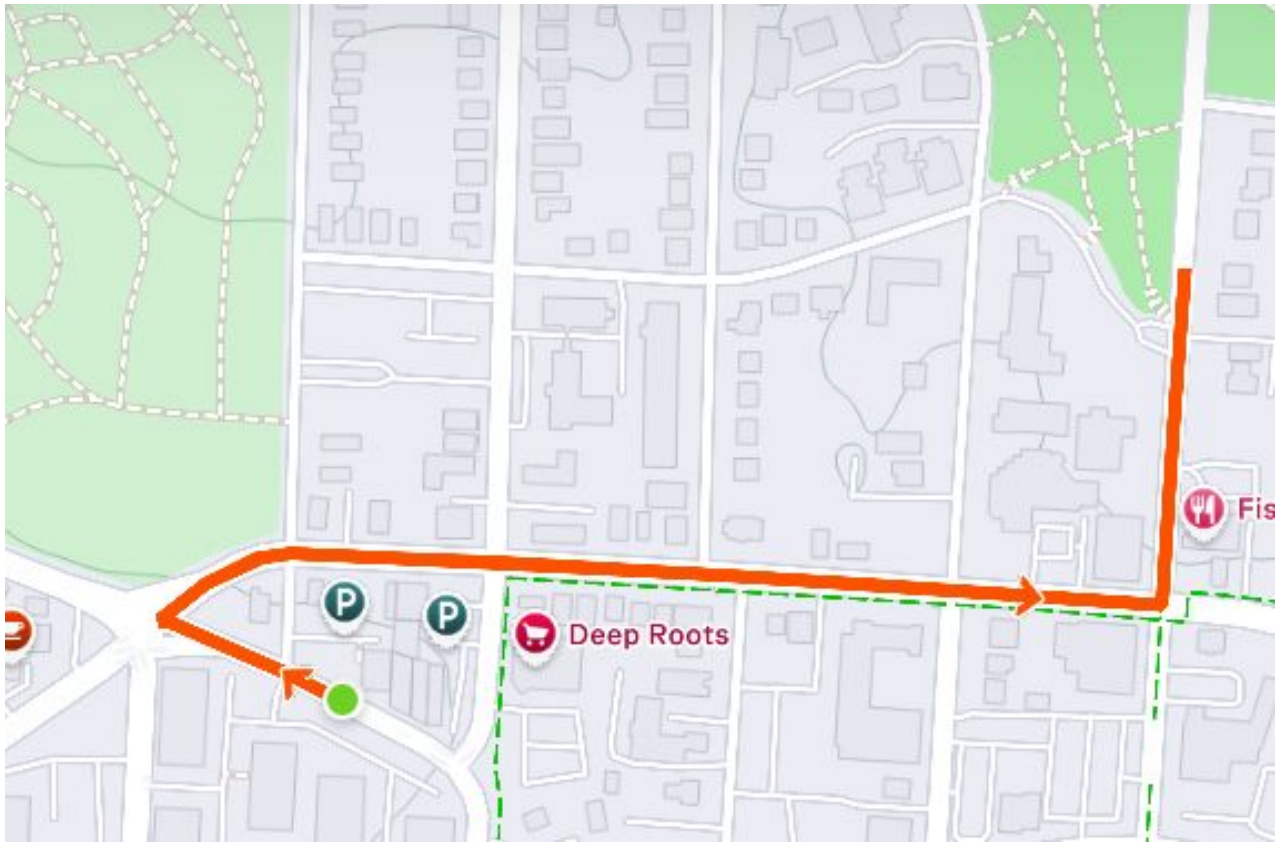
Half Marathon & 5K Split Points

Near the start of the course is the first split. Half Marathoners will continue straight on Yanceyville St while 5k runners will turn left onto Bessemer Ave.



1 Mile Fun Run

Course





1 Mile Turn by Turn Directions

Runners will begin and run straight on Battleground Ave.

Right onto Fisher Ave

Left onto Elm St

Travel Straight to the U-turn

Right onto Fisher

Left onto Battleground to Finish

Tunnel



- The tunnel is a 20 foot long section of the greenway where the greenway goes under Wendover. One of the signs says 5”7 clearance. This is extremely inaccurate. The clearance is over 7 ft easily. (corny Race Director photo for proof (I am 5”8)

TRIVIUM RACING NORTH CAROLINA CLUB BENEFITS

Race Day Benefits

All Clubs with 10+ Participants Registered On Your Team:

- A team tent set up by Trivium, featuring a banner with your club's name/logo
- Your registration packets, ready at the tent (skip packet pickup lines)
- Food, drinks, and goodies waiting for your team.
- Our race photographer will take official club photos prior to races. Photos will be taken at your club tent 30:00 prior to the start of the first event.
- Dedicated club porta potties in the club village!

Check your club roster on the Group/Teams page on RunSignup to see who's on your team. The 10-person minimum must be met by two weeks prior to race day so we can prepare.

All Registered Clubs, Regardless of Number of Participants:

- Participation in the club competition! Winners will be announced the Thursday after the race. ***Learn more about scoring here.***
- Awards to the individual club competition winner!
- Finishes count towards increased club discount, Trivium sponsored club shirts (>75 club participant finishes), & the overall season club cup competition

If you have any questions or you're interested in racing with Trivium as a registered club in the future, email Mel at mel@triviumracing.com to learn more and set up a club discount for future registrations!

We will have a lot of great post race snacks for athletes including, water, beer (21+), soda, pretzels, bananas and much more!

Fleet Feet will also be providing pancakes and bacon after the race! You will be able to smell it from mile 2 on!

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We're teaming up again with charity partner A Simple Gesture for 2025's Greensboro Half Marathon and the Thanksgiving season! The virtual donation model lets you see exactly how your monetary contributions translate into various sizes of donated food bags. Together, we can make a meaningful impact in our community.



A Simple Gesture uses the power of the community to keep local food pantries stocked. Over 5,000 households across Guilford County fill a bag with nonperishable food and place it on their porch on the pickup day. Our volunteers pick up that food and take it directly to our 20+ partner pantries. A Simple Gesture also recovers perishable food. On a daily basis our volunteers also pick up excess food from grocery stores, restaurants, and caterers, and take it to 30+ nonprofits serving meals to the community. In 2022, A Simple Gesture collected 480,377 pounds of food for hungry children and families in Guilford County.