



PURE *M*ICHIGAN®  
FITness Series

## Travel the state and get active in the FREE Michigan FITness Challenge!

Receive a FIT point for every Michigan Fitness Challenge endorsed event you participate in, or volunteer for, over the course of **April 1-December 31, 2017.**

- 5 points: You're eligible for a trip up the Mackinac Bridge Tower
- 10 points: Receive a Michigan Fitness Foundation medal
- 15 points: Receive a Michigan Fitness Foundation duffle bag

To find the calendar of endorsed events, visit <http://michiganfitness.org/pmfs-calendar>.

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### To Register:

1. Sign up with an account on [RunSignUp.com](http://RunSignUp.com).
2. Register for the Challenge at [runsignup.com/puremichigan](http://runsignup.com/puremichigan)
3. Provide name, mailing address and email address.