



Farm To Fork 5K Run/Walk Sponsored by AgroLiquid

Date: August 27, 2016

Time: 8:00 am

Name

Location: North Central Research Farm 5605 N. Findlay Rd., St. Johns, MI 48879

Registration: Mail entry to Farm to Fork 5k, 3055 W. M-21 St. Johns, MI 48879

Online: https://runsignup.com/Race/MI/StJohns/FarmtoFork5k

Race day registration 7:15 am; late registration not guaranteed a shirt.

Cost: Pre-registration \$20.00 by mail/online registration by August 10th. Late registration \$25.00

18 yrs. or younger \$15.00 Pre-registration by August 10th. Late registration \$25.00

Awards: Overall Male, Female and Masters

Winners: Medals for the top three winners in each age group for Male and Female Runners and Walkers

E-Mail

14 and under, 15-19,20-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70 and over

Course: Route includes dirt road and trail surfaces

All Proceeds to benefit the Greater Lansing Food Bank and the FFA Scholarship Program. Detach Here

Address	 Date of Birt	າ	Age on r	ace day _		
City/State/Zip	_					
Phone	Male	emale				
Make Checks Payable to:	T-Shirt Size (woman's/mer	n's)S	ML	XL	_XXL
Agroliquid	Runner	_ Walker	_			
Mail To: Farm To Fork 5K 3055 W. M-21 St. Johns, MI 48879						
Waiver: I hereby waive all rights and claims for myself, my heirs, excors of this event, its agents, representatives, successors, and volunt while traveling to, from or participation in this event.	_		-			
Signature (Parent or Guardian if under 18)	_	 Date				
Questions 2 Call 000 227 2006						