



Half Marathon 5K Run 3K Walk/Wheel Kids' Fun Run



Proceeds to benefit no limits

Saturday, August 30th, 2014
Riverview Ice House, Rockford

Cash prizes for top overall male and female 5K and 1/2 marathon runners!

Cash prizes for top Masters male and female 5K and 1/2 marathon runners!

Awards for top male and female age group finishers in both races!

Prizes for Walk/Wheel participants fundraising \$50 or more!

Free race jersey provided to 5K and 1/2 marathon runners!

Free Walk/Wheel t-shirt to 3K participants paying a \$25 registration fee or raising at least \$25 in donations.

6:30-7:00 am	Walk-up registration
7:30 am	Half Marathon start time
8:00 am	5K start time
9:00 am	Kids' Fun Run
9:15 am	3K Walk/Wheel start time
9:30 am	5K award presentations
10:30 am	Walk/Wheel and Half Marathon award presentations

PACKET PICK-UP:

Friday, August 29th 4-7pm
Rockford Orthopedic clinic
at Riverside & Mulford
(5875 E. Riverside Blvd. - Rkfd)

Compete * Participate * Fundraise * Volunteer!
www.runwalkwheel.com

Complete release and registration form on back or go to:

www.runwalkwheel.com

to register online, form a team, or set up your own fundraising page!

Presented by



**Postmark paper registration by August 25th or
online registration by Noon August 29th.**

ASSUMPTION OF RISK, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT

"Run Walk Wheel 2014" PARTICIPANTS AND VOLUNTEERS

By executing this document, I acknowledge that I am renouncing important legal rights in favor of the Rockford Orthopedic Associates, Ltd., Regional Access and Mobilization Project ("RAMP"), the City of Rockford and its employees, City of Loves Park and its employees, Rockford Park District and its employees, RunSignUp, the Event organizers, directors, sponsors, volunteers, and any and all officers, employees, volunteers and agents of the foregoing entities/organizations (collectively, the "Released Parties").

I, the undersigned, hereby acknowledge and understand that the athletic event known as the "Run Walk Wheel 2014" held on August 30, 2014, in Rockford located in Winnebago County, Illinois (the "Event"), carries with it certain risks including, but not limited to, death, serious injury and property loss, caused by such things as nutrition, hydration, terrain, facilities, weather conditions, equipment, vehicular traffic, actions of other people such as participants, volunteers, spectators, coaches, officials, and/or organizers of this Event. I acknowledge that these risks are inherent in athletic events of this type. I KNOWINGLY ASSUME ALL OF THE RISKS OF PARTICIPATING AND/OR VOLUNTEERING IN THIS EVENT.

I realize that liability may arise from negligence or carelessness on the part of the Released Parties and/or from dangerous or defective equipment or property owned, maintained or controlled by them. I certify that I am physically fit and prepared to participate in this Event and have not been advised otherwise by qualified medical personnel.

IN CONSIDERATION of my application and for allowing me to participate in the Event, I, for myself, my executors, administrators, heirs, next of kin, successors, personal representative and assigns, do hereby RELEASE, WAIVE, DISCHARGE, the Released Parties, FOR ANY DEATH, DISABILITY, PERSONAL INJURY, ILLNESS, PROPERTY DAMAGE, OR PROPERTY LOSS, which may hereafter occur as a result of my participating or volunteering in the Event.

I, for myself, my executors, administrators, heirs, next of kin, successors, personal representative and assigns, do hereby also agree to INDEMNIFY, DEFEND, AND HOLD HARMLESS the Released Parties, against any and all claims, actions, suits, and proceedings brought as a result of my participating or volunteering in the Event, whether resulting from one's negligence or otherwise. I further agree TO REIMBURSE the Released Parties, for any and all costs, expenses, damages, liabilities, and attorney's fees the Released Parties incur as a result of my participating or volunteering in the Event.

I, for myself, my executors, administrators, heirs, next of kin, successors, personal representative and assigns, do hereby also agree that I will forever REFRAIN AND FOREBEAR from commencing, instituting, or prosecuting any lawsuit, action, or other proceeding against the Released Parties arising out of my participating or volunteering in the Event.

Each provision of this Assumption of Risk, Waiver of Liability and Indemnity Agreement shall be considered separable; and if, for any reason, any provision or provisions herein are determined to be invalid and contrary to any existing or future law, such invalidity shall not impair the operation of or affect those portions of this agreement which are valid.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the Event. I agree that the Released Parties will in no way be responsible for any medical expenses I incur related to or resulting from my participating or volunteering in the Event.

I understand that during the Event or related activities I may be videotaped and/or photographed. I agree to allow my photo, video, film and/or other electronic likeness to be used for any legitimate purpose by the Event holders, producers, sponsors, organizers and their assigns.

I have read this Assumption of Risk, Waiver of Liability and Indemnity Agreement, and fully understand its terms. I UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS, INCLUDING MY RIGHT TO SUE. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY to the greatest extent allowed by law.

Participant's Signature _____ Printed Name _____ Date _____

Parent or Legal Guardian _____ Printed Name _____ Date _____
(If Minor Participant, under 18 years old)

Mail this form and check
for applicable registration
fee(s)/donation payable to:

RAMP
202 Market Street
Rockford, IL 61107

Registration and payment
due by August 25, 2014.

*Day of race registration
available on-site, higher
registration fee applies.*

All requested information required for registration:

NAME _____ Gender ☐ M ☐ F

ADDRESS _____

PHONE _____ DATE OF BIRTH ____/____/____

EMAIL _____

Shirt size (excludes Fun Run) ☐ Women's S M LG XLG XXLG

☐ Men's M LG XLG XXLG

☐ VOLUNTEER

- ☐ Set-up/Take-down
- ☐ Race Course
- ☐ Water station
- ☐ Awards
- ☐ Refreshment table

☐ KIDS' FUN RUN (No fee)

☐ 3K WALK/WHEEL (\$25 registration fee / \$30 after 8/27/2014)

☐ 5K (\$25 registration fee / \$30 after 8/27/2014)

☐ HALF MARATHON (\$45 registration fee / \$50 after 8/27/2014)

☐ Donation \$ _____

OPTIONAL

On behalf of Fundraiser (name): _____