



2014 Dragon Run 5K & 1 Mile Run/Walk
Presented by PBSIS – Positive Behavior Support in Schools
Woodruff School
1373 State Highway 77, Seabrook, New Jersey 08302

Saturday, May 3, 2014

9:00 am 5K start (must be 10 and older)

9:10 am mile

Please arrive at least 20 minutes prior to your start time

Rain or Shine

Get ready to run! The Dragon Run 5K Run and 1 Mile Run/Walk is a great way to get into shape for summer.
All proceeds benefit the Woodruff School Positive Behavior in Schools Program

Course takes you down Northville Road
T-shirt for all pre-registrants guaranteed;
Race-day registrants while they last!

Water station
Parking and restrooms!
Post-race refreshments!

Timing by TNT Event Management

Awards in all age groups: 1st, 2nd & 3rd

*to be award-eligible, 5K runners must finish within 50 minutes; Mile runners 20 minutes

1 Mile Run/Walk

All Ages

Pre-registered by May 2nd **\$10.00**

After May 3rd **\$15.00**

5K

10 yrs. and older

Pre-registered by May 2nd **\$10.00**

After May 3rd **\$20.00**

Pets are not permitted on school property

cut here



First Name _____ Last Name _____

☐ Male

☐ Female

Pick One:

☐ 1 Mile

☐ 5K

☐ Handicap Mile

T-Shirt Size: ☐ Youth Medium ☐ Youth Large ☐ Adult Small ☐ Adult Medium ☐ Adult Large ☐ X-Large

Phone _____ Age _____ (on 5/3/14)

ONE form per person

Release and Waiver (All Entrants Must Sign)

I, the undersigned, acknowledge that a road race is a hazardous activity. I certify that I am medically able and have sufficiently trained for this event. I agree to abide by all decision of the race as final. In consideration of the acceptance of my entry and intending to be legally bound, I do hereby for myself, and anyone entitled to act on my behalf, waive, release and discharge any and all Run Against Drugs committee members, the Upper Deerfield Township Schools, TNT Event Management, sponsors and their agents employees, representatives, successors, and assigns for any and all injuries suffered by me in said event.

✖

Signature (parent if under 18)

Complete this form and mail **by 4/22/14 (must be postmarked by this date for preregistration)**

with check (payable to Upper Deerfield Schools) to:

Dragon Run Woodruff School, C/O Dawn Magee, 1385 State Highway 77, Seabrook, New Jersey 08302

For more information please e-mail waltonj@udts.org / 856-455-2267 ext. 3215

Turning in this form gives the Woodruff School permission to submit your name and photo to the Local Newspaper.

Upper Deerfield Students ONLY

Grade _____

Teacher's Name _____

_____ I do not want to run but would like to buy a t-shirt \$5.00 each

Size _____

Name _____

Homeroom Teacher _____

School Name _____