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Upper Dublin Triathlon/Duathlon/Aquabike

Sunday, May 22, 2022

LOCATION:Fort Washington, PA US 19034

TYPE:Triathlon, Duathlon, Aquabike

With the number of days until the race getting closer and closer to single digits, you should expect to see more frequent emails from me with pre-race info and race day tips.

Please be aware that we have expanded our awards offerings in 2022. Now the top 5 overall male & female finishers for the

triathlon, duathlon and aquabike will be recognized - it had previously been top 3. All other categories will continue to be the top 3 finishers.

Only 3 spots remain for our race on May 22, so if you know someone who is interested in racing, but hasn't registered yet, they should do so immediately.

Looks like the weather will be perfect for practicing your freestyle stroke on front lawn this weekend so get out there!

Train hard & be safe,

Derek Dureka

Race Director

UD Tri/Dua/Aqua

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