

Foot Lake 4 Route:

- Begins at Litchfield Ave and 3rd St
- Head to 1st St S. and take a left up the bridge headed to Robbins Island Park
- Follow the trail through Robbins Island, crossing to the paved road near the beach area (indicated with arrows)
- Take a right on the trail headed towards Co Rd 41
- Go left onto Co Rd 41
- Take a left on Ella Ave
- Take a right on 1st St S
- Take a right on Litchfield Ave
- Take a left on 2nd St SW
- Go through the finish line

