

2023 White Lake Spring Sprint - Participant List (3/20)						
Last Name	First Name	City	State	M/F	Age	Category
Balwinski	Linda	Twinsburg	OH	F	60	Age Group
Best	Nash	Wilmington	NC	M	25	Age Group
Blankenship	Claude	Brentwood	TN	M	44	Age Group
Bowles	Allie	Raleigh	NC	F	34	Novice
Bradley	Steve	Purcellville	VA	M	71	Age Group
Brownell	Sarah	Concord	NC	F	44	Age Group
Buck	Brianna	Charlotte	NC	F	37	Novice
Buechner	Philip	Fayetteville	NC	M	55	Age Group
Buzzelli	Allan	Twinsburg	OH	M	69	Age Group
Byrd	Sheryl	Wilmington	NC	F	59	Age Group
Carmine	Christine	Leland	NC	F	46	Age Group
Cates	David	Hillsborough	NC	M	63	Age Group
Cates	Marshal	Hillsborough	NC	M	69	Age Group
Coleman	James	Charlotte	NC	M	56	Age Group
Connolly	Justin	North Andover	MA	M	22	Age Group
Crompton	Dan	Raleigh	NC	M	53	Age Group
Crompton	Beth	Raleigh	NC	F	52	Age Group
D'Ortenzio	Peter	Raleigh	NC	M	29	Age Group
D'Ortenzio	Melanie	Raleigh	NC	F	30	Age Group
Dembosky	Andrew	Carthage	NC	M	32	Age Group
Dentel	Nick	Durham	NC	M	42	Age Group
Diggs	John	Charlotte	NC	M	59	Age Group
Doswell	Kathleen	Columbia	VA	F	74	Age Group
Elliott	Gloria	Harrisburg	NC	F	53	Age Group
Fangmeyer	Ryan	Raleigh	NC	M	26	Age Group
Farber	Jonathan	Chapel Hill	NC	M	67	Age Group
Fetzner	Brittany	Charlotte	NC	F	32	Age Group
Geller	Talya	Oak Park	CA	F	23	Novice
Geske	Michael	Fayetteville	NC	M	53	Age Group
Gretsch	Jeanette	Cary	NC	F	54	Novice
Gums	Brittney	Charlotte	NC	F	22	Novice
Heiliger	Dave	Matthews	NC	M	70	Age Group
Hembree	Greg	Little River	SC	M	63	Age Group
Henderson	Drew	Raleigh	NC	M	29	Novice
Henderson	Pete	Raleigh	NC	M	57	Novice
Hewitt	Credence	Linwood	NC	M	49	Novice
Hopkins	Nicole	Virginia Beach	VA	F	49	Age Group
House	William	Charlotte	NC	M	49	Novice

Hulgin	Mia	Carolina Beach	NC	F	26	Age Group
Jones	Tyler	Concord	NC	M	61	Age Group
Keck	Frazier	Cary	NC	M	62	Age Group
Long	Jim	Matthews	NC	M	40	Novice
Marceau	Daren	Cary	NC	M	62	Age Group
Masten	Betty	Durham	NC	F	59	Age Group
May	Ben	Burlington	NC	M	22	Age Group
McAulay	Bjorn	Spring Lake	NC	M	51	Relay
McCain	Matthew	Spring Lake	NC	M	40	Novice
McCall	Hasbrouck	Cary	NC	M	60	Age Group
McCombs	Nikolette	Holly Springs	NC	F	33	Age Group
McSorley	Duncan	Raleigh	NC	M	22	Age Group
Meinel	Rachel	Durham	NC	F	35	Age Group
Michael	Rebecca	Durham	NC	F	48	Age Group
Michael	Philip	Durham	NC	M	60	Age Group
Minor	Paul	Raleigh	NC	M	50	Age Group
Monroe	John	Southport	NC	M	61	Age Group
Murray	Edward	Little River	SC	M	62	Age Group
Neiley	Kevin	Raleigh	NC	M	59	Age Group
Nilsen	Eileen	Fuquay Varina	NC	F	48	Age Group
Olson	Guy	Cary	NC	M	66	Age Group
Patel	Nilay	Chapel Hill	NC	M	46	Novice
Pegram	Bobby	Stokesdale	NC	M	52	Age Group
Perez-Howell	Rosie	Raeford	NC	F	37	Age Group
Ponder	Matthew	Fayetteville	NC	M	29	Age Group
Pope	Nina	Calabash	NC	F	64	Age Group
Potter	Michelle	Raleigh	NC	F	46	Novice
Price	Hal	Clinton	NC	M	63	Novice
Rebman	Cindy	Tega Cay	SC	F	55	Age Group
Roberts	Bruce	Stony Point	NC	M	50	Novice
Rogers	Emma	Wilmington	NC	F	13	Age Group
Roszczewski	Miranda	Leland	NC	F	37	Age Group
Rust	Beverly	New Bern	NC	F	61	Age Group
Santana	John	Raleigh	NC	M	30	Novice
Schmidt	James	Raleigh	NC	M	24	Age Group
Schutzer	Karyn	Charlotte	NC	F	33	Novice
Simila	Barbara	Calabash	NC	F	58	Age Group
Sisson	Pamela	Ocean Isle Beach	NC	F	65	Age Group
Smith	Liam	Roanoke	VA	M	25	Novice
Smith	Evan	Roanoke	VA	M	23	Novice
Stinnette	Sara	Raleigh	NC	F	40	Age Group
Swiggett	Nathan	Durham	NC	M	43	Age Group
Terry	Brendon	Southern Pines	NC	M	41	Age Group

Thaggard	Daniel	Garner	NC	M	31	Novice
Thomas	Joel	Pinehurst	NC	M	51	Novice
Timmerman	Jacqueline	Wilmington	NC	F	61	Age Group
Toms	Ian	Raleigh	NC	M	57	Age Group
Vallejos	Quirina	Durham	NC	F	46	Novice
Van Tol	Jon	Hampstead	NC	M	33	Age Group
Waggy	Brian	Raleigh	NC	M	42	Novice
Watson	Donovan	Hampstead	NC	M	42	Age Group
wetherald	rich	Apex	NC	M	67	Age Group
Whalen	Astrid	Cary	NC	F	36	Age Group
Whalen	Andrew	Cary	NC	M	44	Age Group
Willoughby	Rex	Chapel Hill	NC	M	41	Age Group
Woods	Ashley	Gastonia	NC	F	48	Novice
Wyngaard	Adam	Clemmons	NC	M	45	Age Group
Yarborough	Alex	Raleigh	NC	F	37	Age Group