

# Adel Kiwanis Club

## Fun Run



**Proceeds benefit local CHS seniors with college scholarships!**

## **Saturday, March 7 - Cook Memorial Stadium in Adel**

### **5K Road Race and 1 Mile Fun Run/Walk**

#### **Schedule of Events:**

7:00 am: Registration/check-in  
8:00 am: 5K Runners and Walkers  
9:00 am: 1 Mile Fun Run/Walk  
9:20 am: 1/4 Mile Kids Trot  
9:30 am: Awards Ceremony

#### **Registration & Fee:**

**5K and 1 Mile Fun Run/Walk:** Pre-registration is \$18 per individual or \$45 for groups (up to 4) if received on or before February 27.

**Late and Day of Registration:** Will be \$25 for individuals and \$55 for groups.

#### **T-shirts and Awards:**

**Awards** will be given at the awards ceremony immediately following the 1/4 mile kid's trot.

**T-shirts:** 5K and 1 Mile participants who pre-register will receive a t-shirt. Late participants will receive a shirt while quantities last.

Finish Line services provided by: **A Course/Line, LLC of Valdosta.** Please contact Liza Hendrix at (229) 353-6313 for any questions.

**Trophy will be given to the team/group with the most participants!**

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*Please fill a separate form out for EACH participant. Please turn in entry form(s) and cash or check to an Adel Kiwanis Member or at the Adel-Cook County Chamber of Commerce, or mail a copy with payment enclosed to PO Box 90, Adel GA 31620. Or register and pay online at <https://runsignup.com/Race/GA/Adel/AdelKiwanis5K>*

#### **CHOOSE A RACE BELOW:**

- ☐ 5K Run/Walk (\$18/Person or \$45 for groups up to 4)  
☐ 1 Mile Fun Run/walk (\$18/Person or \$45 for groups up to 4)  
☐ 1/4 Mile Kid's Trot (kids 10 and under only - FREE)

**EARLY REGISTRATION**

**DEADLINE: FRIDAY,**

**FEBRUARY 27**

#### **CHOOSE YOUR AGE CATEGORY BELOW:**

- ☐ 12&Under ☐ 13-18 ☐ 19-24 ☐ 25-36 ☐ 37-44 ☐ 45-55 ☐ 56-65 ☐ 66& Over

Name: \_\_\_\_\_ ☐ Male ☐ Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Team Name (if applicable): \_\_\_\_\_

#### **ONE T-SHIRT PER PARTICIPANT. CHOOSE YOUR SIZE BELOW.**

- ☐ Youth Small ☐ Youth Medium ☐ Youth Large **Adult:** ☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2X ☐ 3X ☐ 4X

**WAIVER:** In consideration of my acceptance of this entry, I waive any and all claims for myself and my heirs against any officials and sponsors of the Kiwanis 5K/Fun Run for injury or illness which may result from my participation. Failure to participate in the appropriate age division or race is grounds for disqualification. **\*This waiver must be signed in order to participate in this event.**

Signed: \_\_\_\_\_ (signature of parent or guardian if under 18)