

## **MICHIGAN MEET OF CHAMPIONS**

FINAL INSTRUCTIONS. PLEASE READ THROUGH. IF AT THIS POINT YOU STILL HAVE QUESTIONS, PLEASE ASK! Email me Dave Lustig at: [DLProTiming@gmail.com](mailto:DLProTiming@gmail.com)

1. All race assignments are available on RunSignUp. Scroll down to 'Race Entries'.
2. Elite Open and All-Comers Open Swag Winners are listed on the same sheet, look for the tab for each giveaway. If you have been selected: Report to YOUR sponsor tent to claim your Bib, swag and registration gift. Be patient!
3. Bib pickup for all other Elite Open, All-Comers Races will be at the Pole Barn. You will also receive your registration gift. ARRIVAL TIME IS BASED ON YOUR DISCRETION. BIB PICKUP WILL BE OPEN UNTIL 5 MINUTES BEFORE THE FINAL RACE!
4. PLEASE REMIND YOUR RUNNER THAT STOPPING THEIR WATCH IMMEDIATELY AT THE FINISH CAN HAVE A NEGATIVE IMPACT ON LIVE RACE RESULTS!! Why??
  - A. The chips on the bibs are often covered/pressed in a manner where the equipment cannot 'read' the chip.
  - B. A camera is used to review all finishers and if bib is covered, we don't know who you are!
5. Bibs must be worn on the front of the shirt/jersey.
6. Do NOT run in a race that you are not assigned to.
7. **NO SCHOOL ISSUED UNIFORMS!!** You can wear your high school tshirt that you bought or a club jersey...but NOTHING that school has provided for you.
8. These races are jam packed with talent...MAKE A FULL EFFORT TO CONTINUE TO MOVE UNTIL YOU HAVE EXITED THE CHUTE.
  - A. If you slow down too fast, a charging finisher behind you will run you over.
  - B. If you fall, you 100% run the risk of getting run over.
  - C. The goal...DON'T GET RUN OVER!!

10. LIVE RESULTS: **LIVE.DLPROTIMING.ORG**

LIVE RESULTS ARE UNOFFICIAL!! **IF YOU BELIEVE A RUNNER IS MISSING, COME TO THE FINISH LINE TENT AND BE PATIENT!**

**THIS LINK WILL BE LIVE FRIDAY MORNING. IT WILL ALSO HAVE:**

- A. COURSE MAP**
- B. PARKING INFO**
- C. RACE ASSIGNMENTS**
- D. FULL POST RACE RESULTS**

8. LIVE VIDEO COVERAGE: **FACEBOOK.COM/MITCATFXC**
9. Following the event, results will be emailed, posted on runsignup and uploaded to athletic.net....the athletic.net upload is tricky and will require your patience!!