Valdosta State BCM Run 4 Missions Saturday, January 25, 2020 at 8:00 AM

Please indicate	fee:		
□ 8:00AM	4 Mile Run/Walk	\$20	Paid by January 15, 2020 (Early Registration)
□ 8:00AM	4 Mile Run/Walk	\$60	Family Rate*, Paid by January 15, 2020
□ 8:00AM	4 Mile Run/Walk	\$25	Paid after January 15, 2020 (Late Registration)
□ Liust want a shirt I don't want to run		\$20	Paid by January 15, 2020 (not available after 1/15/20

*Family Rate: \$60 Family Rate, 4 in a family. Each family member must fill out and sign a registration form and all forms must be mailed or delivered together by the January 15, 2020 EARLY registration deadline. Family Rate NOT available online and not offered after January 15, 2020.

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Additional Donation to BCM:	\$	_ Inank you for your achation:					
Total Amount Enclosed:	\$						
First Name:		Last Name:					
Address:							
City:		State:		ZIP: _			
DOB/ Age on January 25, 2020 Gender: Male 🗆 Female 🗆							
Phone:	Email:						
Circle Shirt Size: Youth: S	1 L XL	Adult: S	M L	XL	XXL		

Long Sleeve Sport-Tek Performance Shirts are provided to those registered by January 15. Late/Event Day registrants receive shirts within 2 weeks after event and must pickup their shirt at the BCM office at 1522 North Oak Street.

Read and Sign Before Submitting:

Additional Denotion to DCM.

In consideration of this entry being accepted, I hereby for myself, heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Valdosta City, the Baptist Collegiate Ministry, race officials, Finish Line Services, and all sponsors, of all claims or liabilities of any kind arising out of my participation in this event or while traveling to and from. I understand that anyone entering this race who is not adequately trained is taking a definite risk in suffering physical ailments. I do hereby state that I have trained properly and that I am physically prepared to participate in the event and I expressly assume the risk of any illness or injury which may result from my participation in the event. I allow any photographs or video materials from this event to be used to publicize this or future races. I also understand the race will take place rain or shine. No refunds.

Signature Required Date (Parent Signature if Under 18)
Hand deliver or mail to: Baptist Collegiate Ministry, 1522 North Oak Street, Valdosta, GA 31602. Please make checks payable to Baptist Collegiate Ministry. Questions? Call Jeff Ford or Anne Eanes at 229–242–2071. Online registration available at vsubcm.org under the Run 4 Missions page. Please note, there is a \$2.50 additional fee for online registration.



Race Location

Race begins and ends in front of the Baptist Collegiate Ministry House located on 1522 North Oak Street. Turn-by-turn directions for the race course are found by visiting vsubcm.org and selecting the Run 4 Missions page. The 4 Mile Race begins at 8:00 AM.

Registration

Mail or hand deliver signed registrations to 1522 North Oak Street, Valdosta, GA 31602. Make check payable to **Baptist Collegiate Ministry**. Online registration is available through a link on our webpage at vsubcm.org until Noon Thursday, January 23. **Please note, there is a \$2.50 additional fee for online registration**. Race day registration begins at 7AM, January 25.

Race Number Pickup

You may pick up your race number, shirt and swag bag on Friday, January 24, from 3PM-6PM at the Baptist Collegiate Ministry. You may also pick it up on race morning during registration beginning at 7:00 AM.

Awards

An indoor awards ceremony will be held following the race. Awards presented to the Overall Male and Female runners and Overall Male and Female Master's Runners. Age Group Awards presented to the 1st & 2nd Place Winners in each of these age group divisions: 11& under, 12–14, 15–19, 20–24, 25–29, 30–34, 35–39, 40–44, 45–49, 50–54, 55–59, 60–64, 65–69, 70–74, 75+. No duplication of awards.