







# TOTAL IMAGE RUNNING

FIRST LAP  
CONTINUE  
STRAIGHT  
ON CANAL

SECOND LAP  
TURN RIGHT  
ON TO SPRING

- TURN-BY-TURN DIRECTIONS**
- START - FRATELLO'S
  - RIGHT ON DOW ST
  - RIGHT ON COMMERCIAL ST
  - RIGHT ON CANAL ST
  - RIGHT ON GRANITE ST
  - RIGHT ON COMMERCIAL ST
  - RIGHT ON CANAL ST
  - RIGHT ON SPRING ST
  - RIGHT ON COMMERCIAL ST
  - RIGHT ON DOW ST
  - LEFT TO FINISH AT FRATELLO'S

**SUPER CHILI BOWL 5K  
COURSE MAP**

-  FIRST LOOP
-  SECOND LOOP
-  FIRST LOOP TURNS
-  SECOND LOOP TURNS
-  MILE MARKERS
-  WATER STOP

