

Island Connections

Running for Rides Mary Parker Memorial 5K Race

Saturday, October 13, 2018

Start time 8am



Mary worked for Island Connections as the Transportation Coordinator for 7 years before having to step down due to her cancer diagnosis and treatment schedule. This Annual race was created to honor and celebrate Mary's passion for Island Connections' mission, our neighbors and volunteers. This is a race for runners and walkers alike.

Furry family members are invited on leash. All proceeds benefit Island Connections.

Registration begins on race day at 7am at Pat's Pizza - 6 Pleasant Street, Bar Harbor

Online Registration <https://runsignup.com/Race/ME/BarHarbor/MaryParkerMemorialRace>

Facebook: **Running for Rides Mary Parker Memorial Race**

3rd Annual Running for Rides Mary Parker Memorial 5K Race Entry Form

Print Name

Mailing Address

City State Zip Code

Phone

E-mail for confirmation of entry, updates on event & news about next year's event

Date of Birth Age on Race Day Sex

Emergency Contact Phone

Unisex T-Shirt Size*: S M L XL

Signature: _____

Date: _____

For registrations postmarked or received **prior to** October 13th

Adults: \$20 **Youth 15 & under \$10** = \$ _____

For registrations received **on** October 14th (Race Day)

Adults: \$25; **Youth 15 & under \$10** = \$ _____

I would like to donate to Island Connections = \$ _____

Total Amount Enclosed: = \$ _____

Return completed form and make checks payable to:

Island Connections

Attn: Running for Rides

93 Cottage Street, Suite 101, Bar Harbor, ME 04609

Dana Mastroianni, Events Coordinator

dana@islconnections.org

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Island Connections and any of sponsors of this race any liability.