

LET'S GET PHYSICAL

5K

Run/Walk

Fun for the whole family!

Saturday, November 10th, 2018

Hosted by: WJU Physical Therapy Club

REGISTRATION FORM

Date: November 10th, 2018

Time: 5k walk/run – 8:45am

1 mile walk/run – 8:15am

Kid's run - 8:05am

Where: Alma Grace McDonough Center

316 Washington Ave Wheeling, WV 26003

Course: Challenging course through WIU's campus with hills and cross country

portions included.

Register: Online at: http://www.runsignup.com/letsgetphysical5k

OR

Mail this form in by November 3^{rd} , 2018

Pricing: General Public \$30

WJU Student/Staff \$25 Veteran Free Family of Veteran \$15 1 mile walk/run \$10 Kid's run \$5

All proceeds support WJU's Physical Therapy Club, community outreach projects, and Service Learning Trips.

Packets may be picked up Friday November 9th from 6-8pm or Saturday morning from 6:15-7:45am

^{**} All pricing (except kid's/veterans) will increase by \$5 on November 9th, 2018 at 12:00am **

Name:			A	Age: I	OOB(mm/dd/yyyy):	
Gender:	Address	:		City:_	OOB(mm/dd/yyyy): State:	Zip:
Select on						
	General Public \square		WJU Stu	$dent/Staff \square$	Veteran 🗆	
	Family	of Veteran \square	1 mile w	alk/run □	Kid's run □	
<u>Type:</u>	Run 🗆	Walk □				
<u>T-shirt:</u>	Small \square	Medium \square	Large \square	X-Large \square	2X-Large □	
Waiver:	In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, Wheeling Jesuit University, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road/trail race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree tha I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. By submitting this entry, I acknowledge (or a parent or					
C:		c recording of this	_			
Signature:					Date:	
Parent sig	nature (und	ler 18):			Date:_	
		ersity 5k Race I partment			ks made payable t WJU PT Club	co:

Alison Kreger, PT Department 316 Washington Ave Wheeling, WV 26003