## 2<sup>nd</sup> Annual - RUN AROUND THE OTTER PONDS

5k Trail Run 🌣 5K Trail Walk 🌣 ½ Mile Kid's Run







## To Benefit Cumberland County Volunteers in Police Services

WHEN
Sunday
October 14, 2018
Kid's Run – 09:00, 5K Walk/Run – 10:00
WHERE
Johnson Field
Rte. 35, 89 Chadbourne Rd.
Standish, Maine

☼ T-shirts to the first 50 pre-registered participants ☼

Pre-Register by Saturday, October 13, 2018: Register on line at www.runsignup.com or mail Registration Form and entry fee to VIPS – 5K Trail Run, 175 Northeast Road, Standish, ME 04084

FEES		
	Pre-Registration Fees	Day of Event Registration
Kid's Run	\$5	\$7
5K Trail Run or Walk	\$20	\$25
Family Registration (4 household members)	\$45	\$50

## PACKET PICK-UP ON OCT. 13 BEGINS @ 08:00 – 10:00 am at Johnson Park AWARDS

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place for overall female and male

First place female and male finish in the following age groups; 12 & under, 13-20, 21-30, 31-40, 41-51, 51-60, 61 & up

FMI: twchristy@roadrunner.com, or (207) 310-0489

----- cut here and submit the form below -----USE A SEPARATE FORM FOR EACH PARTICIPANT'S REGISTRATION Name: Gender: Address: Zip Code: City: State: Phone: Email: **CHECK CORRECT COMBO: Pre-Registration Fees** Day of Event Registration Kid's Run □ \$5 \$7 \$20 \$25 П 5K Trail Run or Walk ☐ Family Registration (4 household members) ☐ \$45 □ \$50 T-SHIRT SIZE: Adult -  $\square$  S  $\square$  M  $\square$  L  $\square$  XL Youth - □ S □ M □ L

I know running or walking in a road or trail race is potentially a hazardous activity. I should not enter, run or walk unless I am medically able and properly trained. I agree to abide by any decision made by race officials regarding my ability to safely complete, run or walk in this event. I assume all risks associated with this event to include falls, contact with other participants, effects of weather, including heat and/or humidity, traffic and/or other conditions known, anticipated or unexpected. I, acting for myself and/or as legal guardian of a minor participating in this event shall hold harmless and absolve the Town of Standish, the VIPS, the Cumberland County Sheriff's Office and/or the Portland Water District and all of their officers, agents, employees and/or other participants in this program. I hereby agree to defer, indemnify and hold harmless the Town of Standish, the VIPS, the Cumberland County Sheriff's Office and/or the Portland Water District in such activity in which any claim may arise due to injury to myself or child. I grant full permission of any of the foregoing to use video, tapes, photos, or any other such record of this event for any legitimate purpose. I understand that there will be no refunds for this event.

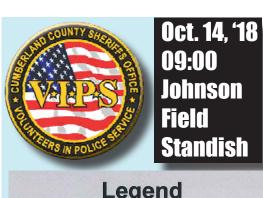
Signature (guardian): Date: PRE-REGISTRATION ENDS 10/13/18. SEND COMPLETED FORMS TO:

VIPS -5K TRAIL RUN, 175 NORTHEAST RD., STANDISH, ME 04084 REGISTER ON LINE AT: www.runsignup.com

Signature (participant):



Date:



## Legend



Kiosk



**Steep Trail** 

Sebago to the Sea Trail

**Mountain Division Trail** 

**Railroad Tracks** 

No Trespassing

**Race Course** 

**Hydration Station** 



