



2nd Annual Halloween 5K Run/Walk & Fun Walk



Benefits: Woodbridge High School MCJROTC

Items for the Communities in Schools Program can be donated at this event

When: Saturday, Oct 26, 2019, 9 a.m. Rain or Shine. FREE Healthy Kids Run (10 & under) starts at 8:50 a.m.

Where: Woodbridge High School, 14712 Woodbridge Road, Greenwood, DE 19950.

Registration: \$20 until Oct 19; \$25 after and on event day. Registration starts at 8 a.m. Make checks payable to WHS MCJROTC Booster Club and mail to TriSports Events, 2772 Hazletville Rd, Dover, DE 19904. Contact Contact Ray at Races4u@TriSportsEvents.Com. Register at TriSportsEvents.Com.

Silent Hero: Can't make it to this event but would like to show your support? Register as a Silent Hero!

Awards: Awards to overall male/female and master winners, top 3 male/female runners in categories 10 and under through 70 & over and top 5 male/female walk finishers. Ribbons to all Kiddie K finishers

Amenities: Quality "Halloween 5K" **TECH shirts** to all registered participants. Post-race festivities include a safety fair, and Truck-or-Treat. Complete results and photos will be posted at TriSportsEvents.Com.

Benefits: Woodbridge High School MCJROTC program. This year the MCJROTC is excited to partner with *Communities in Schools* to help their program stock up on school supplies, clothes and toiletries for Woodbridge students in need. More information about *Communities in Schools DE* can be found at <http://www.cisdelaaware.org/>. Items listed on page 2 can be donated at this event.

This is a TriSports Events Chipped Timed Production

ENTRY FORM – ONE SIGNED ENTRY FORM PER PARTICIPANT REQUIRED

WAIVER AND RELEASE OF LIABILITY: I know that running/walking or rolling (wheelchair) in a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the Halloween 5K Run & Walk, I, for myself and anyone entitled to act on my behalf, waive and release TriSports Events Management, Woodbridge School District, The Town of Greenwood, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. I certify that I have read this wavier and release and fully understand its significance. I fully understand that my entry fee and bib/chip number is non-refundable or transferable. We discourage unofficial entrants, roller blades, and bicycles for the safety of all participants. Entry fees are non-refundable.

Age Day of Race ____ Sex: M F **T-shirt Size:** S M L XL XXL

Print Name: _____ Email: _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: () _____ Circle One: 5K Run 5K Walk Fun Walk Silent Hero
(Run/Walk) (Walk only) (No Awards) (Donation)

Signature: _____
(Signature is required by all participants. Signature of guardian if entrant is under 18)

The Woodbridge High School MCJROTC has partnered with the Communities in Schools Delaware to collect items needed for middle and high school students. The program is currently in need of the below items for the 2019-2020 school year.

Personal items

Shampoo
Conditioner
Soap
Deodorant
Tooth Brushes
Toothpaste
Mouthwash
Maxi pads
Tampons
Toilet paper
Paper towels
Laundry detergent
Fabric softener
Cleaning supplies

Adult size clothing

Socks
Coats
Gloves
Scarves
Hats
Bras
Pants
Shirts
Hoodies/sweat shirts

School Supplies

Backpacks
Pens/pencils
High lighters
College ruled paper
Spiral note books
Composition note books
Binders
Index cards
Dividers
Folders

Thank you for supporting the Communities in Schools Delaware Program