



Event

The Rescue Run Corporate 5K Presented by Vickaryous Law Firm is an annual corporate walk/run event held in Sanford, Seminole County, Florida. This unique team and individual event is a 3.1 mile walk/run that starts at 6:45 PM and ends with a health and wellness fair, music, food, drinks, games and good times! Teams gather together to show company pride, build camaraderie and engage a little friendly competition. Team photos will start at 6:00 PM for all registered teams. All team and candid photos will be posted on Facebook and this website. Be sure to bring your own food for your Team to eat for after the race so you can enjoy the party longer! Many participating businesses have a company picnic immediately after the event. There will be an awards ceremony to celebrate the fastest CEOs and top three in every age group. You can also bring cash for donations to the Waste Pro BBQ

Beneficiary

The race benefits the Rescue Outreach Mission, Seminole County's only homeless shelter.

Date & Time

Thursday, May 17, 2018

- 5:45 pm - Race Day Registration/Packet Pick-up
- 6:00 pm - Team photos Starts
- 6:30 pm - Team Photos Ends
- 6:45 pm - Race Starts
- 8:30 pm - Awards Ceremony

Location & Parking

- Seminole State College
- 100 Weldon Blvd
Sanford, FL 32773
- Parking available throughout location

Amenities

- Ports bag available for first 475
- Finisher Medals
- Food & Refreshments will be provided

5K Awards

Finisher Medals - Top 3 Overall Males & Top 3 Overall Females - Age groups: 14 & Under, 15-20, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+
Top 3 Fastest CEOs

Registration Options

All checks payable to Rescue Outreach Mission

- Registration Online at www.TheRescueRun5k.com
- Registration closes at 11:59 pm, May 16th, 2018

Packet Pick-Up & Registration

Details of packet Pickup will be email and listed on the event website.

Website , Course Info/Map/ Registration

- www.TheRescueRun5k.com

Team Name _____

Check Division Individual CEO Fire Department/Law Enforcement

First Name

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Last Name

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Address (street)

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City

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State

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Zip

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Gender M F

Date of Birth

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 Age (on race day)

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E-mail Address: _____

Day Phone

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Amount Enclosed

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED. In consideration of my entry being accepted, I intend to be legally bound, and do hereby, for myself, my heirs, executors, waive and release all rights and claims for damages which may have or which may hereinafter accrue to me against The City of Lake Mary, Seminole County, Front Running Sports, Flaco Sports, City of Sanford, The Rescue Outreach Mission, 5K Race Director, Run 4 a Cause, and their sponsors for the event which I am entering, any subsidiary or political division thereof, their respective officers, agents, directors, representatives, successors, assigns, and sponsors for any and all damages or injuries which may be sustained and suffered by me in connection with my association with entry or participation in the event as mentioned above. If I should suffer injury or illness, I authorize officials of the race to use their discretion to have me transported to a medical facility, and I take full responsibility for this action. I attest and certify that I am physically fit and have sufficiently trained for the completion of the event. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose. Bicycles, baby strollers/joggers, dogs, inline/roller skates, earphones are prohibited. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.