



**JULY 10<sup>TH</sup>- JULY 31<sup>ST</sup>**  
**KIDS RUN 4 FUN**

**WHY:**

Our mission is to introduce kids to running, fitness, and wellness in a fun style. Games, races, learning stations, and guest speakers will be used to encourage health and wellness. As advocates of the running community, we believe that the best things in life are what makes you sweat. This is an exciting event to get your child involved in exercise and healthy eating. We hope to see many kids July 10<sup>th</sup> and we will wrap up with a kid's run at the CSRC Scholarship Run on August 4<sup>th</sup>.

**Who:** Free to  
those in grades  
K-6<sup>th</sup>

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**What:** Introducing  
the awesome sport  
of running through  
games, stations,  
relays, guest  
speakers, and  
**PRIZES!**

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**Where:** Tawawa  
Park in Sidney  
from 6:30-7:30  
Dates- July 10<sup>th</sup> ,  
July 17<sup>th</sup> ,  
July 24<sup>th</sup> ,  
July 31<sup>st</sup>

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**CAN'T STOP RUNNING CO.**

Piqua, OH 45356  
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Ryan King (Owner)

Kenna Bell (Coach)

Melissa Sinning (Coach)