



Love Run & Walk 5K

ROUTE INFORMATION



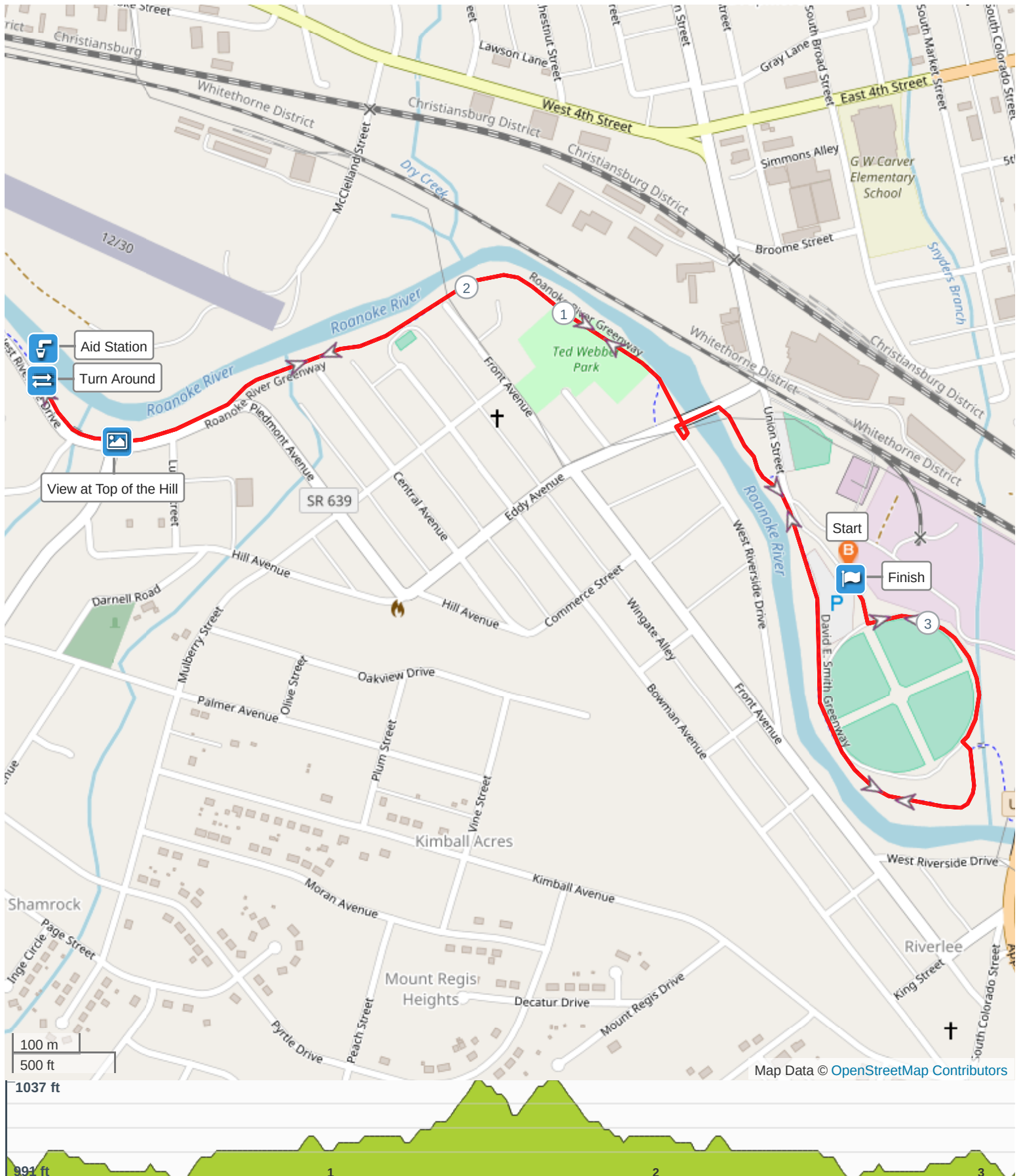
LENGTH	3.100 miles
ASCENT	88 ft
DESCENT	91 ft
HILLS	⬆ 36.4% ⬇ 27.3% ➡ 36.4%
TERRAIN	Road 🏞
START	LAT: 37.279987, LNG: -80.056728



NOTES

Out & back

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ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Start  Start
2	0.235		Turn left onto greenway
3	0.244		Turn slight right onto greenway
4	1.550		Turn around  Turn Around
5	3.100		Finish  Finish