



NLHS iKnight Virtual 5K

Date: Saturday, April 24th, 2021

Time: 9am

For more information please visit our race page at:

<http://www.racingtoes.com>

100% of the net profits will go to the iKnight Technology Fund for much needed classroom technology for our students and teachers

Registration Form

Name: _____

Address: _____ (no P.O. Boxes)

City: _____

State: _____ Zip: _____

Phone: () _____ *E-Mail address: _____

*E-mail addresses are for information purposes for this race only & will not be distributed

Age: _____ DOB: _____ Sex: M____ F____

Shirt Size (Circle one): Youth: S M L Adult: S M L XL XXL XXXL
(Shirt deadline is 3/31/2021 ~ XXL & XXXL +\$2.00)

Race Fee/T-Shirt \$25.00 (Race Swag will be mailed to the above address, no P.O. Boxes)

____ Cash ____ Check made payable to NLHS PTO ____ [PayPal](#) or ____ [Venmo](#)

Submit Entries & Payment To:

NLHS Knights PTO

Attention: Treasurer

2737 Lee Lawing Road

Lincolnton, NC 28092

Please put iKnight 5K in the memo/description

RACE WAIVER

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assigns, and anyone entitled to act on my behalf, release and discharge all sponsors, their representatives and successors, promoters, managers, directors, officials, agents, and volunteers of the iKnight 5K from any and all claims of injury or liabilities of any kind, illness or damages suffered by me, as a result of my participation in or traveling to or from this event. I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I realize that this is a strenuous event which requires proper physical conditioning. I hereby certify that I am in such physical condition and good health. I also give my permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose.

Signature: _____

Signature of parent or guardian if under 18: _____