



ERATH BOBCAT CROSS COUNTRY

Erath Cross Country 4th of July Fundraiser

Tuesday, July 4th, 2023

Erath High School

"Robert J. Segura Memorial Stadium"

7:30am

Entry fee applies for both the 5k at 7:30 am and the 1-mile fun run, which will begin after the last 5k runner is off the course. Race day registration will begin at 6:30 am at Erath High School gym across from the stadium. Awards will be given to the overall male and female winners and in age divisions. **Age divisions will be 5 and under, 6-10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.**

Pre-registration (Present-June 25): \$30 Late registration (June 26-July 4): \$35

Water stations will be on the course and at the start/finish line.

For more information please call Coach Skeeter at (337) 577-2534.

Entry Form

Name _____ Male or Female

Address _____

City, State, Zip _____ 5k or 1mile

Phone# _____ Age _____ Shirt size _____

Race Release: I understand that running a race is potentially hazardous. I should not enter and run unless I am medically fit and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other runners, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I, for myself and anyone entitled to act in my behalf, waive and release Erath High School, the town of Erath, and all race officials, directors, sponsors, and their representatives from all claims or liabilities of any kind arising out of my participation in this event. I grant my permission to all of the foregoing to use my photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Participant _____

Parent/Guardian, (if under 18 years of age)

Make checks payable to: Erath CC Backers

**Mail registration to: Coach Mark "Skeeter" Theall
Cross Country Coach
11509 Sabra Circle
Erath, LA 70533**