

## **Olympian Jeff Galloway to Partner with Northside Hospital Orthopedic Institute for Half Marathon Weekend**

*6<sup>th</sup> Annual Race Weekend set for December 14 – 15, 2019 in Atlanta*

ATLANTA – August 20, 2019 – America’s coach Jeff Galloway joins forces for Race Weekend with the Northside Hospital Orthopedic Institute to launch the Northside Hospital Orthopedic Institute's Half Marathon, powered by Jeff Galloway. The Half Marathon will take place during the 6<sup>th</sup> annual Race Weekend, December 14 – 15, 2019 in Atlanta.

“Our annual Race Weekend event brings together runners and walkers of all ages and skill sets,” said Jeff Galloway, Olympian and Founder of Galloway Productions. “This new partnership with the Northside Hospital Orthopedic Institute puts a spotlight on the importance of living a healthy and active lifestyle. My run-walk method aligns with their efforts to enjoy life without orthopedic pain.”

The Northside Hospital Orthopedic Institute Race Weekend will include several events on Saturday, December 14 including Barb Galloway's 5K and a free Fit Kids Dash. On Sunday, December 15, the Half Marathon will include a new three-person relay (6 miles, 5 miles & 2 miles) called the Northside Hospital 3-Person Half Marathon Relay. The final runner in the relay will cross the finish line in Piedmont Park. Runners and walkers can also participate in the Double G, which includes the 5K and Half Marathon, and receive a special medal.

“At Northside Hospital Orthopedic Institute-Sports Medicine, we put the athlete and their family in the center of a comprehensive program of health as we optimize performance and minimize injury to keep runners on the road,” said Dr. Wright, Chief of Sports Medicine. “We are excited to partner with Jeff Galloway and his organization for this half marathon as Jeff is a national treasure in running and truly cares about the health of his walker/runners.”

For more information and to sign up for Race Weekend, visit [www.jeffgalloway131.com](http://www.jeffgalloway131.com). Race price increases after September 30, 2019 at 11:59pm EDT. Registration ends December 6, 2019 at 12:05pm EST.

### **About Jeff Galloway**

Jeff Galloway’s passion is helping runners stay motivated and injury-free. Jeff has worked with over 300,000 runners of all ages and abilities and is the inventor of the Galloway Run Walk Run method. Jeff is an inspirational speaker at more than 200 running and fitness sessions each year. Jeff is also the founder and owner of the world’s first specialty running store, Phidippides. He currently has four training groups around Atlanta. [www.jeffgalloway.com](http://www.jeffgalloway.com)

### **About Northside Hospital Orthopedic Institute**

The Northside Hospital Orthopedic Institute goal is your goal – to enjoy life – without orthopedic pain from issues or injuries. If you’re experiencing painful movement or another issue affecting your mobility or function, including athletic injuries, we can help you make an appointment with an orthopedic specialist at Northside Orthopedic Institute. With board-certified and fellowship-trained expertise, our team can treat any musculoskeletal condition, including the most complex. And because we’re part of the Northside system of care, our team at Northside Orthopedic Institute can coordinate and deliver every aspect of your care, including advanced imaging service; diagnostic expertise; treatment of condition or injury; pain management solutions; surgery specialization; rehabilitation, including customized plans; and patient education, including injury prevention. [www.sportsmedicine.northside.com/the-team](http://www.sportsmedicine.northside.com/the-team)

\*\*Upon request - Jeff Galloway is available for interviews.