



2019 Race the Sun Relay Registration Form

June 21, 2019 - 5:30 pm

The Back Road Brigade Running Club is sponsoring the Race the Sun Relay, which is a marathon relay (26.2 miles) that is being run on the rail trail in beautiful downtown Pewamo, MI. Teams can consist of 3-5 members in order to cover the distance. The start and finish will be the Pewamo Trailhead Welcome Center, which sits right on the rail trail. The course will consist of a down and back loop of 2.62 miles heading west down the trail and ending back at the start and another 2.62 mile loop heading east and looping back to the start. Each team will run ten 2.62 mile loops and can make exchanges at any 2.62 mile interval in which they choose. Team members are not required to run equal distances. The goal of this relay is to allow a large variety of runners to participate and have a positive experience while raising valuable funds for two worth charities. The benefactors of this year's event are the Pewamo Westphalia High School Cross Country/Track team and Mother Teresa House. A clock will be running to keep track of overall time, however individual splits will not be kept nor will overall team times. Because this is treated as more of an event than a competition, no awards will be given out. Each participant will receive a shirt as well as access to light refreshments and snacks and discounted food and drinks at local Pewamo establishments. The first leg of the relay will start at 5:30 pm. For safety reasons, we will be shutting down the course at 10:00 pm.

In order to reserve a spot for the 2019 Race the Sun Relay, your team will need to complete the below registration form. Once completed, please have the team captain return the form to Jason Werner at 11767 Golf View Dr. Pewamo, MI 48873 along with a \$250 registration fee (\$150 for High School or Jr. High teams) made payable to the **Back Road Brigade Running Club**. This form and registration fee are due no later than **June 1, 2019**. Team captains will be contacted via e-mail the week of the event with final relay instructions.

Team Name _____ Team Captain _____ Captain e-mail _____

Name	Address	City	Zip	Phone #	Emergency Contact	Emergency Contact Phone #	Shirt Size	Waiver Signature	Date

Participant Waiver: I know that participating in the Race the Sun Relay is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I assume all risks from participating in this event and its related activities including, but not limited to falls, contact with other participants; effects of the weather, including high heat, humidity, precipitation, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and release and knowing these facts and in consideration of your accepting my enter fee and participation, I, for myself and anyone entitled to act on my behalf, waive and release race officials, volunteers, sponsors and their respective affiliates, subsidiaries, principals, directors, agents, officers, employees or contractors of and from all claims, liabilities or causes of action of any kind arising out of my participation in this event or its related activities which I or my successors, assigns or heirs may ever have now or in the future against any of them. This release and waiver extends to all claims of every kind and nature whatsoever. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any lawful purpose.