

## ERC St. Patrick's Day 5K & 10K Distance Festival (and 2M judged Race Walk)

9 (5k), 9:10 (2M) & 10:10 (10k) AM - Saturday, March 14, 2015 Rotary Pavilion – Presque Isle State Park, Erie, PA

**SPONSORS:** The Erie Runners Club, Creative Imprint Systems and the Big White Trailer.

**COURSE:** The race will begin and end near the front of the Rotary Pavilion.

**2M RACE:** This is to be a competitive racewalk. Casual walkers are asked to please enter the 5k event.

**REGISTRATION:** Day of race signup and packet pickup for pre-registered runners will begin at 8 AM in the Rotary Pavilion near the Waterworks area at Presque Isle. There are heated restrooms in the Rotary Pavilion. Post-race refreshments and award presentation in the Rotary Pavilion will begin 15 minutes after the last finishers cross the finish line.

**AWARDS:** Awards to the first-place male and female and to the first masters male and female in the run. Age group awards in the 10K and 5k to the top 20% (Min 1, no Max) (limited by pre-registered participants) males and females in (5 yr) age group categories. The 2M Racewalk will recognize limited 10 yr age groups.

The race will take place as scheduled regardless of the weather, with the following exception: The race will be cancelled if Presque Isle State Park is closed by park authorities. Check the website on race morning for closing information. Erie Runners Club may be followed on Twitter @ErieRunnersClub

**RACE PREMIUM:** The race premium is a top-quality long-sleeve T-shirt. You must pre-register to be guaranteed a shirt on race day. Orders will not be taken for additional shirts. Postmark deadline to pre-register is March 6 2015 and February 18, 2015 for winter series. (Online Registration through Sunday, Mar 9) (Series registration deadline is Feb 28 - see below) Shirts not picked up on race day will be forfeit.

**Volunteers Needed:** Every volunteer will be given a shirt and a free entry (which does include a second t-shirt). This free entry may be given to anyone. If you would like to volunteer, feel free to give your free entry away. This entry MUST be used to pre-register.

To volunteer or more information, contact Jim Lang via email at jimlang@bigwhitetrailer.com PLEASE FILL IN ALL ITEMS ON APPLICATION or call Suzy Carstater 814-474-3282 (6-9PM only, please)

**NO Dogs- really.** We have a history of bringing our children and our pets to ERC races. Please, don't do this. It is a hazard that we do not need. There are just enough folks who do not control their dogs to make this a real hazard. So leave them at home. Or bring a sitter.

## 2014-2015 ERC Winter Series

Concludes After race is concluded –SATURDAY, MARCH 15, 2015

Rotary Pavilion - PRESQUE ISLE STATE PARK, ERIE, PA

**WINTER SERIES:** Anyone who has completed or volunteered for the Turkey Trot and the New Year's Day race is eligible for the winter series:

- Anyone completing ALL THREE races (5K or 10K + 5M + 5k, 2M or 10K) will receive a commemorative.
  - First Male & Female Open & Masters (4 total) awards for top 10K + 5M + 10K
  - Those who have run or walked the Turkey Trot and the New Year's Day race MUST PREREGISTER and complete the St. Patrick's Day event to be eligible for the commemorative items.
  - The Commemorative items are a no-cost item to the participants. It is our way of thanking you for participating in Club events.
  - Registration deadline for the series is Feb 28, 2015 (Online) and Feb 21, 2015 (Mailed-in)





## Make checks payable to Erie Runners Club

Complete & mail to

PMB 190	e Runners Club - St. Pat's Ru 296 3 W 8th St e, PA 16506	n	Do not mail after 3/5/2014 (2/21/2014 for series premium) Late apps will NOT be processed		
App must be pos	tmarked by 3/6/2015 to be gua	ranteed a	shirt!		Shirt Size
Race: select 1 \$19.00 - Race Only, no					S
10k (10:10 am)	\$27.00 - Race w/ shirt			M	
5k (9:00 am)	J \$20.00 - DAI-OF-RACE ENIRI and postmark			ter	L
2M (9:10 am)	3/5/2015, no shirt (Shirts MAY be available for				XL
	purchase on race day)				XXL(add \$1)
	+ \$2.00 – For an addl \$2, you ma	ay run both 51	k & 10k races (if	you do	
	the 5k in under 1 hour)	•			
Register online to say	re a 2 bucks, a tree and postage fees. <b>big</b> t	whitetrailer.c	com/register		
J	Shirts not picked up on race day				
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MAKE CHECK DAVA	BLE TO Erie Runners Club				
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rights and claims for dam contested, their represen certify that I (my son/dalicensed Medical Doctor. part of, without compensa that they will be publish consideration. I understance SIGNATURE:	accepting this entry, I hereby for myself (son/d ages I may have against the organizers, sponsors tatives, successors and assignees for any and alughter) am (are) physically fit, having sufficie. Further, it is hereby agreed that I release the tion or remuneration. I also understand that the don the internet and the Runners Club Newslett and that baby strollers and dogs are a hazard and sign for son/daughter/ward under 18 -	, the Commonweal l injuries, suff ntly trained for rights to and th e results of thi er and will also d will not be pe	th of Pennsylvania, ered by me (my son/c this event, and had e unconditional use sevent are the sole be submitted to the rmitted in the race	and municipality and the physical country of whatever physical property of the local newspape or to cross the	ties in which the event is id event. I further ondition verified by a stographs I might be a nee Erie Runners Club and er for their a finish line.
volunteered at the St. Patrick For scoring purposes	ies: Please check here AND Co the first two races and would 's Day Race. s, and to be sure you get your commem tion. If you volunteered for the event in	l like a co	ommemorative  MUST complete	if/when the followin	you complete g to be eligible for
you do not fill out the	e following, you WILL NOT receive a con				
New Year's 5 Mile R	ace bib Number:				
	our bib number, it is listed in the results	s at BigWhite	Trailer.com)		
	oked up automatically and posted.	,	•		
Premium is a 1/4 zip t	echnical shirt with Gender sizing- Indic	ate size and	Male or Female	shirt	
Commemorative item	ns: YOU MUST PROVIDE YOUR BIB	NUMBERS T	O BE ELIGIBLE	FOR THE	Commemorative item.

If you volunteered for the event instead of running, please enter "Volunteer" in the bib number space.