

BORN TO RUN

NEW ORLEANS

5K & 1/2-MILE
RUN/WALK FUN RUN

SATURDAY, MARCH 21, 2026

BONNABEL BOAT LAUNCH, METAIRIE

7:30 am – On-site registration available

8:30 am – 1/2-mile Fun Run/Walk begins

9:15 am – 5K begins

Post-race "Birth" day party to follow

WOMANSNEWLIFE.COM/BORNTORUN



BORN TO RUN REGISTRATION

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

☐ MALE ☐ FEMALE DOB _____ TSHIRT SIZE: ☐ XS ☐ YM ☐ YL ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

PHONE _____ E-MAIL _____

EMERGENCY CONTACT _____ PHONE _____

If you are participating with a team, include team here _____

☐ 5K ☐ 1/2-MILE FUN RUN

☐ I would like to use the free shuttle service and parking at St. Angela Merici Church.

Please complete this form (along with a check) and mail to:

Completed form must be received by Monday, February 23, to receive a t-shirt.

Deadline for Mail-in Registration is Friday, March 13.

Woman's New Life Clinic
4612 S. Claiborne Avenue
New Orleans, LA 70125

PRICING

All categories include food & entertainment.

Individual ☐ \$35 (until Friday, February 13)
☐ \$45 (February 14 - March 21)

Child (12 and under) ☐ \$20

Student (13-22) ☐ \$25

☐ I cannot attend, but I would like to make a donation of: \$ _____

Register online:
womansnewlife.com/borntorun

Online registration available
until Sunday, March 15.



Agreement and Waiver/Release of Liability—All registrants must read and sign

As a participant in the WNLC Born to Run 5K or 1/2-mile option, I (or a parent or adult guardian for all children under 18 years) verify that I have read, understand, and accept the terms of this waiver and release. I understand the nature of this As a participant in the WNLC Born to Run 5K or 1/2-mile option, I (or a parent or adult guardian for all children under 18 years) verify that I have read, understand, and accept the terms of this waiver and release. I understand the nature of this event and the risks involved in participating in this event. I know that running and walking is a potentially hazardous activity. I understand that I should not participate unless I am medically able and sufficiently trained to do so. I agree to abide by any decision of any race official concerning my ability to safely complete this event. I assume all risks associated with my voluntary participation in this event, including, but not limited to, proximity to water and wildlife, traffic and other conditions of the roadway, track, and contact with other participants, and the effects of the weather, including extreme temperatures and precipitation. Knowing these facts, for, and in consideration of, my participation in this race, I, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and fully release and discharge Woman's New Life Clinic, Jefferson Parish, Bonnabel Boat Launch, East Bank Levee District, St. Angela Merici Catholic Church, Pelican Timing Services, race officials, workers, volunteers, sponsors, and any and all officers, directors, employees and other representatives of the foregoing, and any successors or assigns of the foregoing, and hold and waive them harmless from and against ANY AND ALL actions, claims, injuries, demands, liabilities, loss, damage, or expenses, including but not limited to death, personal injury, and property damage, whether foreseen or unforeseen, arising out of, or in the course of, my participation in this event. Photo Release: I agree to grant Woman's New Life Clinic permission to record on photography film and/or video pictures of my participation. I further agree that any or all of the material photographed may be used as part of materials promoting future Woman's New Life Clinic events. By signing this waiver, I (or a parent or adult guardian for all children under 18 years) understand and agree with all of the terms of this waiver and fully agree to be bound by same event and the risks involved in participating in this event. I know that running and walking is a potentially hazardous activity. I understand that I should not participate unless I am medically able and sufficiently trained to do so. I agree to abide by any decision of any race official concerning my ability to safely complete this event. I assume all risks associated with my voluntary participation in this event, including, but not limited to, proximity to water and wildlife, traffic and other conditions of the roadway, track, and contact with other participants, and the effects of the weather, including extreme temperatures and precipitation. Knowing these facts, for, and in consideration of, my participation in this race, I, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and fully release and discharge Woman's New Life Clinic, Jefferson Parish, Bonnabel Boat Launch, East Bank Levee District, St. Angela Merici Catholic Church, Pelican Timing Services, race officials, workers, volunteers, sponsors, and any and all officers, directors, employees and other representatives of the foregoing, and any successors or assigns of the foregoing, and hold and waive them harmless from and against ANY AND ALL actions, claims, injuries, demands, liabilities, loss, damage, or expenses, including but not limited to death, personal injury, and property damage, whether foreseen or unforeseen, arising out of, or in the course of, my participation in this event. Photo Release: I agree to grant Woman's New Life Clinic permission to record on photography film and/or video pictures of my participation. I further agree that any or all of the material photographed may be used as part of materials promoting future Woman's New Life Clinic events. By signing this waiver, I (or a parent or adult guardian for all children under 18 years) understand and agree with all of the terms of this waiver and fully agree to be bound by same.

PARTICIPANT SIGNATURE _____ DATE _____

A parent/guardian MUST sign below if participant is under 18 years of age

PARENT/GUARDIAN SIGNATURE _____ DATE _____

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