

# EVENT PRESS RELEASE

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## FOR IMMEDIATE RELEASE

### [Headline: 12th Annual #NFStrong 5K to rally NF Community]

Bring your walking shoes and wallets to help battle NF (the most common rare genetic disorder you likely have never heard of\*). On Sunday, November 5, 2023, NF Network will be hosting a “FUN”raiser to help raise funds for research and spread awareness of Neurofibromatosis with a 5k Walk/Fun Run.

Beyond an enjoyable romp through the beautiful Overton Park Memphis -- Entertainment, raffles with fun prizes, refreshments and old sneaker recycling collection. Plus, a superhero or two might show up! Check-in and walk-up registration begin at 9:00 am and the Family Walk and 5K Fun Run begin at 10:00 am.

Sign up early and receive an early bird discount of \$5 off on adult registration (\$20 through October 15th and goes up to \$25 after). Early birds will also receive a FREE #NFStrong t-shirt! Visit [www.nfstrong.org](http://www.nfstrong.org) to sign up today! Please join us to make a difference!

*\* What is neurofibromatosis? It's a long scary sounding word for a genetic condition of the nervous system which causes tumors to form on and inside the body. This progressive disorder does not discriminate and affects more than 120,000 Americans, making it one of the most common rare genetic disorders.*

*Our mission with our 5K's is to bring NF families together, fund research, and spread awareness through fresh air and fun! If you would like to learn more about NF, go to [nfnetwork.org](http://nfnetwork.org).*

