



## Directions

The race starts in front of the Ambulance building at N. Midland Ave and 6<sup>th</sup> St. Runners proceed north for half a mile on Midland then turn right on Birchwood and left on Broadway. At mile 1.6, the course turns left on Larchdale, up a short hill, then left again onto Midland for the final 1.3 miles to the finish.

Runners should stay to the left of the roadway except for the the first half mile on Midland.

